



# Sanford Unitarian Universalist Church

UU NOTES Volume XXXX

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Sanford UU Church  
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Choir Director: Charles Grindle  
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Church Historian: Helen Kane  
Webmaster: Emma Burnett  
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## UUA PRINCIPLES

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- \* The inherent worth and dignity of every person.
- \* Justice equity, and compassion in human relations.
- \* Acceptance of one another and encouragement to spiritual growth in our congregations.
- \* A free and responsible search for truth and meaning.
- \* The right of conscience and the use of democratic process within our congregations and in society at large.
- \* The goal of world community with peace, liberty and justice for all.
- \* Respect for the interdependent web of all existence of which we are a part.

(Adopted by the 1984 and 1985 General Assemblies)



## Worship Service and Church School Every Sunday - 10:30am Child Care is Available - Everyone is welcome!

### **January 17th Worship Service - *A Service for People Who Think They are White, and All Others***

A look beyond the civil rights era. The service will be led by SUUC Worship Associate, Tom Huber. Special music will be provided by Ginny Howe.

### **January 24th Worship Service - *Love Above All*** - The service will be led by Rev. Sue Gabrielson

**January 31st Worship Service - *Making the Impossible, Possible*** - The sermon was written by Rev. Eric Gingrich. The service will be led by our Worship Associate, Judi Reis

**February 7th Worship Service - *The One and Only You*** - The service will be led by Rev. Beverly Brent. Special music will be provided by David Larrabee.



## Minister's Musings...

Musings-January 2016 Sanford

Grace, Ellie and I (and Penny) would like to thank everyone who helped make our re-entry from sabbatical soft and smooth. We are so appreciative of all of the support we have felt throughout our personal transitions and around our healing time away in Costa Rica. I was thoroughly impressed (although not surprised, I know you are all amazing) at how beautifully things ran while we were away and by all the positive feedback I have received about worship and all aspects of church life. This is true at both the Sanford and the Saco congregations. I am thrilled to be returning to full time ministry, with two locations. I suspect that we will be continuing to find rich ways to collaborate and to blossom even more as we pool our resources.

Some details:

**Office Hours:** Generally, I will be in Saco all day on Wednesdays (8:30-5:30) and in Sanford all day on Thursdays (same times). If you want to just stop in, I would love to see you, BUT if you definitely want to spend some time with me, please call or email ahead of time, since there are always things that come up that may take me away or occupy my time. I am also available lots of other times and will surely be in both churches on other days of the week, so just let me know if you need an appointment or would like me at one of your committee meetings, etc.

**Worship:** Most of the year I will be in the pulpit in Saco/Biddeford on the first and third Sundays of the month and in Sanford on the 2<sup>nd</sup> and 4<sup>th</sup>. Of course there are a few times that this gets all mixed up, so please look at the websites or newsletters if you want to know where I will be preaching. I will be in both places on Easter, with special times and meals planned in each location.

**New collaborations and some changes.** As I figure out how to best serve both congregations and how we can take advantage of the fullness of ministry, you may notice some small changes. For example, in Sanford we will be reducing out newsletter to once a month. This will now correspond with UUCSBs newsletter schedule. In addition, you can expect to see the church's activities posted in both newsletters. Also, PLEASE KNOW that you are welcome AND ENCOURAGED to attend each other's church activities. We will be making sure all activities get advertised in both churches. For example, everyone is warmly welcome to the book group meeting in Sanford which includes a potluck meal on the last Friday of the month January 29<sup>th</sup> at 6:00 pm. Look for opportunities at both churches. And on Tuesdays in Saco, there are get togethers for an Earth Centered group.

And speaking of newsletters, we try to make them both informative and inspiring. In addition to the Incidental Inspiration I choose each month, also look for reflections from our worship associates and brief inspirational quotes from a good friend of mine, Bhante, who is a Buddhist monk.

There are so many exciting things happening at church right now, I can't wait to be back in the middle of all of it with you! See you in church. Rev. Sue

The RE Play was performed on Sunday, December 20th. The play was entitled *The Morning Star* and was led by our Directors of Religious Education, Ryan and Mesha Quinn. Everyone did a wonderful job!







## Rev. Sue's Incidental Inspiration

*For Janie and for everyone who has ever experienced the loss of a pet*

### Reminders of a Dog Now Gone - Ken Nye

We no longer have dog-hair tumbleweeds blowing along the surface of the hardwood floors or lurking in corners and crevasses of wall and baseboard.

But occasionally, cleaning an out-of-the-way closet, I come across another dainty phantom-like wisp of golden retriever under down that reminds me of him.

Waxing the bathroom floor, I see the chewed edges of the baseboard where he experimented with wood trim as a way to pass the time until we got home.

Out in the garage, looking for the plumber's snake with which to probe the septic line, I confront at eye level his choke-chain collar with the license tag hanging from a nail in one of the ceiling joists. It seems to be out of place, hanging from a nail. It belongs around his neck.

I wonder what the point is now of a car with a sunroof. No big golden retriever to stand on the center console and make the world smile.

Rather than making me sad, though, these unexpected encounters with a dog now gone warm my mood, soften any edges clinging to thoughts and attitudes of the moment, much in the same way he leveled my emotions and put a smile on living. He is still here and there, still a presence in my heart.

## January Gift Fun Re-Gift Re-Purpose Raffle

We have two tables in the parlor set up with a lot of wonderful items for you to bid on! We'll sell raffle tickets on January 17th and 24th. The winners will be drawn on January 24th following our mid-year congregational meeting. Tickets are \$1.00 each or 6 for \$5.00. Good luck!

**Mid-Year Meeting** - We ask everyone to please remain following worship service on Sunday, January 24th, for an important congregational meeting. Thank you.

## Capital Construction Update

The new solar panels on Goodall Hall installed by ReVision Energy have been heating the hall and supplying energy for the Church since mid-December. Bill Winkel's team of builders completed the essential work of strengthening the trusses supporting the roof of our Church early this week. They will insulate the cap over the Sanctuary late this week. Insulation of the Sanctuary walls will follow. Assessment of the Church tower structure will be completed by our engineer this month. This assessment is supported by the Maine Community Foundation's Steeples Fund. The external trim will be painted this Spring. Your help is needed to secure our church building for its second century of service. Please do what you can with a check to: SUUC 2<sup>nd</sup> Century Fund, 5 Lebanon St, Sanford ME 04073. Thanks to all who have given so generously already.

## Book Group

Happy New Year! It's the new year and time to revive the book group. Weather permitting we will meet the last Friday of the winter and spring months.

For this month, we have the second half of *Being Mortal, Medicine and What Matters in the End* to finish up. Please check in and let us know if you will be able to make the meeting on Friday, **January 29 at 6:00pm** in **Goodall Hall**.

Cheers, Evelyn

**Martin Luther King Jr. Day Breakfast at First Parish UU Church in Kennebunk** - Rev. Dr. H. Roy Partridge Jr. will speak on "The Justice System and Injustice for People of Color" at the 14th annual Martin Luther King Jr. Day Breakfast at the First Parish Unitarian Universalist Church in Kennebunk on Monday, January 18, at 8:30 a.m. Event includes full breakfast and live music. \$15 for adults and \$5 for children 12-18. Please make reservations by January 11. Call Martha Murray at 985-1411 or email [FirstParishKennebunk@gmail.com](mailto:FirstParishKennebunk@gmail.com).

**Administrative Office** - For the week of January 18th, the office will be open on Monday, Martin Luther King Day, as well as Tuesday, Wednesday and Thursday of that week (January 18th through the 21st). After that the office will be closed through Wednesday, February 3rd.

**Newsletter Schedule** - After much discussion, a decision was made to change the UU Notes publishing schedule from bi-weekly to once a month. This will not only save the church money in the way of paper, toner, labels and postage, but will correspond with the Saco and Biddeford UU Church newsletter schedule. We will continue to provide information via our weekly orders of service, on our website, our Facebook page and with our weekly congregational email blasts. The new publication dates will be the first day of each month, depending on when it falls. For the remainder of this fiscal year the newsletter dates are February 4, March 2, April 1, May 2 and June 1. A new schedule is posted on the bulletin board in the parlor. If you have anything you would like included, please make sure to send the office your information no later than the last day of the month, thank you.

**Church Potluck Dinner and Board and Council Meetings** - Please note, because of the inclement weather we experienced on Tuesday evening, January 12th, the potluck dinner and Board meeting have been rescheduled for Tuesday, January 19th, same time, same place, same potluck. Both the Board and Council will meet at 6:30pm following the dinner.

**Parking for the Church**

**MIDTOWN MALL (one block southeast) has plenty of free parking.**

If you need to park closer to the church:

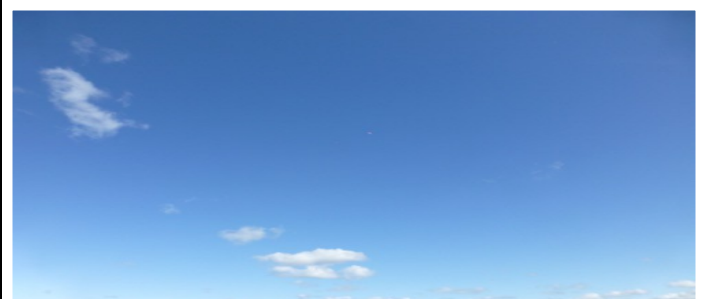
**Lebanon Street:** YES - in front of the church and Goodall Hall only.

**Twombly Road:** YES.

**Sweetser Lot:** NO

**Salvation Army:** NO

(Their services are held at 10:45am)



**7 Guidelines For Adding Happiness To Life**

Avoid letting thoughts develop into anger.

Don't worry about what is lost.

Live simply.

Give more.

Have less expectation.

Smile often.

Develop and maintain a daily loving-kindness practice.

*Bhante Sujatha*

## Board 2015-2016

President: Aileen Fortune June 30, 2017  
Vice President: Diane Whiteside-Peck June 30, 2017  
Clerk: Bruce Harrison June 30, 2016  
Financial Secretary: Janet Wood June 30, 2016  
Treasurer: Deb Folsom June 30, 2017  
Co-DREs: Mesha and Ryan Quinn  
Choir Director: Charles Grindle

### Liaisons:

Stella DiAnn June 30, 2017  
Gary Wood June 30, 2018  
Patty Kidder June 30, 2016

## Church Leadership 2015-2016

Budget and Finance Chair:  
Building and Grounds Chair: Bob McCormick  
Caring Circle: Gail Lemley Burnett  
Choir: Charles Grindle  
Church Historian: Helen Kane  
Committee on Ministry: Ryan Quinn, Gail Lemley, Rev. Sue  
Corner Cupboard Treasurer: Judi Reis  
Denominational Affairs:  
Earth Stewards Green Team: Judi Reis  
Finance Committee: Peg Sawyer, Pat Herrick, Ginny Howe, Deb Folsom, Lisa Huestis  
Grant Manager: Pat Herrick  
Homesteaders: Jan Sacco and Melody Wood  
Investment Management Committee: John Steffens, Peg Sawyer, Art Dumas, Howard Dupee, Pat Herrick, Ginny Howe  
Members and Friends: Tonia Chase  
Music Committee: Melody Wood  
Nominating Committee: Tonia Chase, Patty Kidder, Lucinda French  
Partners For Sacred Places: Lee Burnett  
Pianist: Ruth Leipold  
Religious Education Committee:  
Second Century Fund Committee: Lee Burnett  
Social Action Committee:  
Stewardship: Diane Whiteside-Peck and Patty Kidder  
UUSC:  
Webmaster: Emma Burnett  
Women's Alliance: Nancy Farnham  
Worship: Rev. Sue Gabrielson  
Worship Associates: Bev Brent, Judi Reis, Jan Sacco, Janie Waterhouse, Stella DiAnn, Patty Kidder, Mesha Quinn, Evelyn LaBree, Tom Huber

### Caring Circle

Gail Lemley Burnett is in charge of our Caring Circle for providing help in case of illness, hospitalization, need for a ride to church, doctors' appointments, etc. Please call Gail at 324-1596 if you need assistance.

### Minister's Hours

Rev. Sue's office hours are Thursdays from 8:30am to 5:30pm. She is also available by appointment.

### Administrative Office Hours

Office hours are: Monday, Wednesday,  
Thursday and Friday 7:00-12:00  
info@sanforduuchurch.org

### Co-Directors of Religious Education

Mesha and Ryan Quinn - dre@sanforduuchurch.org

## Church and Community Groups

AA Meetings: AA meetings are held every Sunday from 5:00pm-6:15pm and Fridays 6:00pm-7:00pm in vestry

Board Meeting: The next Board meeting will be held on Tuesday, January 19th at 6:30pm following the potluck (rescheduled from January 12th due to a snow storm)

Book Group: Meeting on Friday, January 29th at 6:00pm in Goodall Hall

Choirs: Choir rehearses February 8, 15, 22 - March 7, 14, 21, 28 - April 4 at 6:30pm

Church Work Party: The next work day will be held on Saturday, February 13th from 8:00-noon

Committee on Ministry: TBA

Corner Cupboard Meetings: Next date the CC is open is January 16th from 10:00-2:00

Council Meeting: Next meeting will be held January 19th at 6:30pm following the potluck

Earth Stewards Green Team: Meets as needed

Finance Committee: Meetings are generally held the Sunday before a Board meeting

Homesteader's Group: Generally meets 6:30pm at the church or a member's home on the third Thursday of the month

Music Lessons: Private lessons are given on Mondays from 12:30-3:00 and Wednesday from 1:40-3:00 and 6:50-7:35 in the Sanctuary or Goodall Hall

Narcotics Anonymous: Meets every Wednesday in the vestry from 7:00pm to 9:30pm

Second Century Building Committee: Meets as needed

UUYC (UUs of York County) Meeting: TBA

Violence No More: Every Thursday at 5:00pm in the vestry

Women's Alliance: Meets the second Wednesday of the month at 12:00 noon

Worship Associates: TBD