



Sanford Unitarian Universalist Church

UU NOTES Volume XXXX

June 1, 2016, Issue 18

UUA PRINCIPLES

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- * The inherent worth and dignity of every person.
- * Justice equity, and compassion in human relations.
- * Acceptance of one another and encouragement to spiritual growth in our congregations.
- * A free and responsible search for truth and meaning.
- * The right of conscience and the use of democratic process within our congregations and in society at large.
- * The goal of world community with peace, liberty and justice for all.
- * Respect for the interdependent web of all existence of which we are a part.

(Adopted by the 1984 and 1985 General Assemblies)

Sanford UU Church
5 Lebanon Street
Sanford, ME 04073
Telephone: 207.324.3191
E-mail: info@sanforduuchurch.org
www.sanforduuchurch.org
Like us on Facebook
Minister: Rev. Sue Gabrielson
Religious Education: Mesha/Ryan Quinn
Choir Director: Charles Grindle
Pianist: Ruth Leipold
Newsletter Editor: Mona Ouellette
Church Historian: Helen Kane
Maintenance: Bill Ouellette

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Worship Service and Church School Every Sunday - 10:30am
Child Care is Available - Everyone is welcome!

June 5th Service - *RE Sunday* - The service will be led by our Directors of Religious Education, Ryan and Mesha Quinn.

June 12th Service - Flower service and new member recognition at the church with Rev. Sue Gabrielson. Kindly bring, as you are able, seeds, vegetable plants or a potted plant/flowers and we will create a living altar. After the service the flowers and other items will remain on the altar for Rev. Sue's farewell service and party at 5:00pm that evening. Following the 5:00pm service, you are welcome to bring home a plant, different than the one you brought to church. This will be our last regular worship service for the church year. Next Sunday, June 19th, we begin lay-led summer services at 9:30am in the parlor.

Summer Lay-Led Services Begin
Services are held in the Parlor at 9:30am, child care and coffee hour are not available over the summer months

June 19th Service - *Listening to Fathers* - The service will be led by David Agan



Minister's Musings...

I mentioned in my sermon this week that this was a time of “lasts,” making my departure a process and not a single event. So this is my last Minister's Musings, my last Incidental Inspiration and Buddhist quip. There have been and will be many opportunities to say our goodbyes. (Especially on the afternoon of June 12th, please join us at 5:00 for worship and dinner at the Sanford Church.)

The finality associated with saying goodbye is challenging. Yet it's an empowering word, enabling us to achieve closure and ultimately move on with our lives. In addition to accepting that a part of our life is now over, “goodbye” also provides us with a chance to realize just how blessed our lives have been.

Author A.A. Milne, author of Winnie-the-Pooh, once wrote:

“How lucky I am to have something that makes saying goodbye so hard.”

This church has changed in the time we have been together and so have I. But it really has always felt like it has been a partnership and a shared ministry. We have learned from each other and we have all grown as a result. In many ways we have come into our brilliance (even though, at the same time we have learned that life is often messy and muddy). Either way we definitively know that it is better to be in this mess together than to try to do it alone....

We have lived through troubles: personal challenges and church challenges, and we have held each other's hands for courage. We have stood together at gravesides saying goodbye, and we have blessed the new babies that were dedicated. We have grasped hands in lines of protest and in affirmation of equal rights. We have fasted the hands of the young as they have come of age and of the old who have discovered new wisdom, gay and straight so that they could enter into lives without loneliness...we have laughed a lot, rolled our eyes more than once, faced conflict head on and emerged on the other side.

Continued next page...

Minister's Musings Continued...

I will leave you with two pieces from the last Sunday morning message I delivered in Sanford, first a prayer for all of you by John Gibb Millspaugh, Sarah Gibb Millspaugh that reminds us that we ALL can be the blessing and I would add the benediction!

All: As we have been blessed, so we bless one another to be a blessing. Breathe in, breathe out, this breath we share with all that breathes. Feel the love of the universe flowing through this community, into you, and out into the universe again. Let the love of all the universe—your love—flow outward, to its height, its depth, its broad extent. You are more than you know, and more beloved than you know. Take up what power is yours to create safe haven, to make of earth a heaven. Give hope to those you encounter, that they may know safety from inner and outer harm, be happy and at peace, healthy and strong, caring and joyful. Be the blessing you already are. That is enough. Blessed Be; Amen.

And what sums it up for me, by Mary Oliver

To live in this world you must be able to do three things:

To love what is mortal; to hold it against your bones knowing your own life depends on it.

And, when the time comes to let it go, To let it go.

Blessings, Rev. Sue

Interim Minister Search Update: June 1

Round 2 is well underway. On Monday (5-23), our SUUC and UUCSB Search Team received new names to consider for our Interim Minister. On Tuesday, we met to screen and discuss. On Saturday, we interviewed 5 candidates over Skype. We are sending our ranked choices to the UUA today and will learn tomorrow, if we have a match. And if all goes well, we will make an offer on Friday, June 3. We are excited about the Ministers we spoke with on Saturday and are very optimistic.

I hope we have some good news to share very soon! Stay tuned.

Thank you for all your support of the Search Team.

See you at Church,

Aileen Fortune





Farewell Party for Rev. Sue, Grace and Ellie

Please take a moment to check the easel in the parlor regarding Rev. Sue's farewell party, held at the church on Sunday, June 12th at 5:00pm. If you will be attending the party, please let Aileen or Mona know, or you may add your name to the list on the easel in the parlor. This memorable party will include a special, music filled service at 5:00pm, followed by a delicious meal put on by the SUUC Homesteaders.

As a way to send Rev. Sue off with our love and best wishes, we'd like to give her a collective cash gift to help her as she gets settled in her new life in Costa Rica. If you'd like to contribute to her farewell celebration and gift, please send a check (made out to Aileen Fortune) to Mona Ouellette c/o Sanford UU Church, 5 Lebanon Street, Sanford, ME 04073. Thank you.

Worship Whisperings

Namaste Rev. Sue; What a joy it has been having you as our spiritual leader these past 13 years. You have been an inspiration in so many ways, and a wonderful patient teacher along the way. Into each life comes change. We wish you and the girls peace and joy as you depart on your next journey. May it be filled with moments that make life memorable. With gratitude, The Worship Associates.

Still Together!



Beyond Our Walls

Caring Unlimited

Have you always wanted to make a difference in a child's life? Caring Unlimited, York County's Domestic Violence Resource Center, is seeking volunteers to provide child care for a couple of hours a month, evenings, in Kittery, Sanford or Biddeford. Free training is provided. Visit them online at www.caring-unlimited.org for Kidworker Volunteer job descriptions and to fill out an application or for more information, call 207-490-3227, extension 102.

What To Do With Unused and Expired Medications

Are you not sure what to do with your unused or expired medications? Approximately 70% of people who abuse prescription drugs have obtained them through a friend or relative. Help keep our communities safe. Store prescription medications in a safe and secure place. Don't keep unwanted and unused medications. Drop off your unused, unwanted or expired medications anytime, 24/7, at any of the MedReturn boxes located at the Alfred York County Sheriff's Office, Berwick Police, Biddeford Police, Buxton Police, Kennebunkport Police, Kennebunk Police, Kittery Police, Ogunquit Police, Old Orchard Beach Police, Sanford Police, Saco Police, South Berwick Police, Wells Police or York Police.

Do You Wear Glasses?

Are you in need of new ones? There is a site that offers so many options for glasses at very, very reasonable prices. The web site is: zenni.com, or just zenni.com. You send your prescription and measurements with your frame selection to make your purchase. Please feel free to share this information with anyone you might be interested.



Pride Portland! is a celebration of Portland, Maine's LGBTQIA — lesbian, gay, bisexual, transgender, queer/questioning, intersex, ally/asexual community. Our goal is to bring people together to celebrate the achievements of the LGBTQIA movement, remember our history and raise awareness of the work that still needs to be done. Fostering and honoring inclusivity, diversity and unity, Pride Portland! builds stronger connections amongst individuals, organizations and businesses. Pride Portland! is volunteer-run and EqualityMaine is serving as the non-profit fiscal sponsor. For more information go to <http://www.prideportland.org/>

Join us for Summer Services on Sundays 9:30am, June 19 - September 4

The lilacs are blooming, families of peepers are singing their nightly chorus and leaves are dressing the bare branches. Summer is just around the corner, and you know what that means. Summer Services will soon be upon us.

Summer Services provide a unique opportunity to share your passion, talk about an inspiring story and, if this is your first time, test the waters in an informal setting.

This summer we will have twelve services, June 19 through September 4, and during that span of time there are three holidays: Father's Day, Independence Day and Labor Day. You are welcome to plan a service around a holiday theme, or not.

If you have considered participating in Summer Services and are unsure how to proceed, please contact me to discuss your concerns.

You are invited to list your name and service title on the sign up sheet in the parlor or contact me (Evelyn LaBree) at labree@bu.edu. Thank you!



HIV & Hepatitis C Testing & Counseling

HIV & Hepatitis C Testing & Counseling will take place in the parlor of the Sanford UU Church on Saturday, July 16th from 10:00am to 2:00pm, the same day and hours the non-food pantry, the Corner Cupboard will be open.

Yard Sale 2016

As always, a HUGE THANK YOU to everyone who participated in any way to the success of the Yard Sale. We could not do it without each and every contribution to our worthy cause, for which we realized a total of \$1,010.45

And, sadly, a tendered resignation:

The Lady of the Yard, alas,
Has finally run out of gas,
So now she bids a fond adieu,
With grateful thanks to all of you.

Lady of the Yard, Helen K.



Beautiful Voices!

Our small but mighty choir's great singing enhanced the heartfelt message from Norway Universalist Church pastor's Rev. Fayre Stephenson, preaching in Sanford on May 29th, on "Love is the Spirit of this Church."

Our church's "UU Notes" a capella singers harmonized celestially on "I Have a Dream" (Based on words of MLK) and were a pastel rainbow vision on May 15th.



Kristi sings "There's Another Train" at the May 15th service entitled "Leaving is a Process, Not an Event."



Rev. Sue's Incidental Inspiration

My Father's Things - Readings by Ken Nye

My dad died 28 years ago. I still have some of his things:

A red plaid Pendleton bath robe. (I look like Dad in that thing now.)

An old Sears table saw bought used in 1950. I still use it, (but for rough cuts only).

An old grinding wheel, noisy as sin, but sharpens mower blades in no time.

Trays and trays of screws and nuts, sorted in biscuit pans by size. (Just stir and search.)

His gold watch given to him in '57. It hasn't worked for years. It's going to cost too much to fix it, so I keep it in my drawer.

I had his pocket knife but lost it. (I always lose my pocket knife.)

There are other things of his I have as well: I have his feet. I swear, my feet look just like his. I have his eyes. (They're big and brown.)

I have his gait (knees kicking out like bow-legged cowboys). When I walk in front of storefront windows, it's my dad.

I have some other things of his too: A love of animals, especially dogs, one of God's greatest inventions.

His value system and code of conduct, the do's and don'ts of being a man.

Some might say, "Bathrobes and saws and codes of conduct are not exactly jewels to take to the bank."

I answer, "Jewels don't shine as brightly as my father's things."

Join the T Team

Do you live in a town that doesn't pay for trash bags, or do you have access to a dumpster? You can help the church by taking a load of trash to your transfer station every once in a while. The church saves on a monthly dumpster fee. Interestingly, most of the trash is generated by the CC and outside groups who use the church, which includes folks from surrounding towns. Please let Judi know if you'd like to help out. Contact Judi at jcreis8@gmail.com



Photographs
courtesy of
Stella DiAnn



Summer Office Hours

From June 19th through August 26th, the administrative office will be operating on reduced summer hours. The summer schedule is Monday, Wednesday and Thursday from 7:00 to 12:00.

Mailboxes

If you have a mailbox in the office, please take a moment to check and empty it if necessary. Thank you.

Lost and Found

A small table in the parlor, next to the coat rack, contains lost and found items. Many of these items have been on the table for quite some time. After the flower service on June 12th, lost and found items not claimed will be donated to the Corner Cupboard.

Newsletter

The next date UU Notes will be published is Friday, July 1st. Please send any information you would like included in the newsletter to the office no later than June 30th. Thank you.

Wanted - Needed for the Corner Cupboard

20, 24, 28 ounce water, soda, and dish detergent bottles - empty please. Willing to reimburse deposit. We use these to hold our homemade natural cleaner. Bottles can be left in the wooden bin in the corner of the parlor. Thanks so much, Judi.

Parking for the Church

MIDTOWN MALL (one block southeast) has plenty of free parking.

If you need to park closer to the church:

Lebanon Street: YES - in front of the church and Goodall Hall only.

Twombly Road: YES.

Sweetser Lot: NO

Salvation Army: NO

(Their services are held at 10:45am)

Morning Coffee With Bhante Sujatha



“In the end these things matter most:
How well did you love?
How fully did you live?
How deeply did you let go?”

Board 2015-2016

President: Aileen Fortune	June 30, 2017
Vice President: Diane Whiteside-Peck	June 30, 2017
Clerk: Bruce Harrison	June 30, 2016
Financial Secretary: Janet Wood	June 30, 2016
Treasurer: Deb Folsom	June 30, 2017
Co-DREs: Mesha and Ryan Quinn	
Choir Director: Charles Grindle	
Liaisons:	
Stella DiAnn	June 30, 2017
Gary Wood	June 30, 2018
Patty Kidder	June 30, 2016

Church Leadership 2015-2016

Budget and Finance Chair:
Building and Grounds Chair: Bob McCormick
Caring Circle: Gail Lemley Burnett
Choir: Charles Grindle
Church Historian: Helen Kane
Committee on Ministry: Ryan Quinn, Gail Lemley, Rev. Sue
Corner Cupboard Treasurer: Judi Reis
Earth Stewards Green Team: Judi Reis
Finance Committee:
Grant Manager: Marcel Gagnon
Homesteaders: Jan Sacco and Melody Wood
Members and Friends: Tonia Chase
Music Committee: Melody Wood
Nominating Committee: Tonia Chase, Patty Kidder
Partners For Sacred Places: Lee Burnett
Pianist: Ruth Leipold
Religious Education Committee:
Second Century Fund Committee: Lee Burnett
Stewardship: Diane Whiteside-Peck and Patty Kidder
UUSC:
Women's Alliance: Nancy Farnham
Worship: Rev. Sue Gabrielson
Worship Associates: Bev Brent, Judi Reis, Jan Sacco, Janie
Waterhouse, Stella DiAnn, Patty Kidder, Mesha Quinn, Evelyn
LaBree, Tom Huber, Vicky Bugado
Worship Committee Coordinator: Rev. Bev Brent

Caring Circle

Gail Lemley Burnett is in charge of our Caring Circle for providing help in case of illness, hospitalization, need for a ride to church, doctors' appointments, etc. Please call Gail at 324-1596 if you need assistance.

Minister's Hours

Rev. Sue's office hours are Thursdays from 8:30am to 5:30pm. She is also available by appointment.

Administrative Office Hours

Office hours are: Monday, Wednesday,
Thursday and Friday 7:00-12:00
info@sanforduuchurch.org

Co-Directors of Religious Education

Mesha and Ryan Quinn - dre@sanforduuchurch.org

Church and Community Groups

AA Meetings: AA meetings are held every Sunday from 5:00pm-6:15pm and Fridays 6:00pm-7:00pm in vestry

Board Meeting: TBA

Book Group: Friday, June 10th at 6:00pm at church

Choir: Will resume rehearsals in the fall

Church Work Party: The next work day will be held on Saturday, June 11th from 8:00ish-noon

Committee on Ministry: Meets as needed

Corner Cupboard Meetings: Next date the CC is open is June 18th from 10:00-2:00

Council Meeting: Meets as needed

Earth Stewards Green Team: Meets as needed

Finance Committee: Meetings are generally held the Sunday before a Board meeting

Homesteader's Group: Generally meets 6:30pm at the church or a member's home on the third Thursday of the month

Music Lessons: Private lessons are given on Mondays from 12:30-3:00 and Wednesday from 1:40-3:00 and 6:50-7:35 in the Sanctuary or Goodall Hall. Recital will be held in the parlor on June 5th 6:00pm - 8:30pm

Narcotics Anonymous: Meets every Wednesday in the vestry from 7:00pm to 9:30pm

Second Century Building Committee: Meets as needed

UUYC (UUs of York County) Meeting: Meets as needed

Violence No More: Every Thursday at 5:00pm in the vestry

Women's Alliance: Meets the second Wednesday of the month at 12:00 noon

Worship Associates: Sunday, June 12th at 9:00am