

Sanford Unitarian Universalist Church

UU NOTES Volume XXXXI

October 3, 2016, Issue 4



Sanford Unitarian Universalist
Church
Sanford, Maine

Sanford UU Church
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Sanford, ME 04073
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E-mail: info@sanforduuchurch.org
www.sanforduuchurch.org
Like us on Facebook
Minister: Rev. Steve Cook
Religious Education: Mesha/Ryan Quinn
Choir Director: Charles Grindle
Pianist: Ruth Leipold
Newsletter Editor: Mona Ouellette
Church Historian: Helen Kane
Maintenance: Bill Ouellette

UUA PRINCIPLES

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- * The inherent worth and dignity of every person.
- * Justice equity, and compassion in human relations.
- * Acceptance of one another and encouragement to spiritual growth in our congregations.
- * A free and responsible search for truth and meaning.
- * The right of conscience and the use of democratic process within our congregations and in society at large.
- * The goal of world community with peace, liberty and justice for all.
- * Respect for the interdependent web of all existence of which we are a part.

(Adopted by the 1984 and 1985 General Assemblies)

Worship Services are held every Sunday at 10:30am - Child Care is Provided Everyone is Welcome!

October 9th Service - *Finding Faith on Lily Pads* - The service will be led by Karen Nelson. Special music will be provided by our SUUC Choir under the direction of Charlie Grindle.

October 16th Service - *Worth and Dignity* - The service will be led by Rev. Steve Cook. The first of a sermon series on our Unitarian Universalist Principles and Sources. Like any formulation repeated many times, the Principles and Sources may have become so familiar we no longer really hear them. Over the coming year, we will consider each of them with some real attention.

October 23rd Service - *Political Correctness* - The service will be led by our Worship Associate Jan Sacco. Special music will be provided by our a capella choir, The UU Notes.

October 30th Service - *The Veil; The Great Pumpkin; Boo; Love* - The service will be led by Rev. Beverly Brent. We invite you to bring in a pumpkin.... carved, decorated or plain, to place on our altar on this day. This gives everyone the opportunity to participate in decorating our altar for worship service. Also, you are welcome to bring in artifacts and/or pictures of loved ones who have died to display on our altar. There will be a Halloween costume parade on this day as well. All are welcome to wear their costumes for everyone to admire, young and old and in-between!



Along the Way...

Dear Friends of Saco/Biddeford and Sanford,

By the time you read this, I will have had a chance to share worship and fellowship with each church, as well as meet with the Boards, musicians and other leaders of both congregations. I very much look forward to our work together.

At the outset of any new ministry, there are always adjustments to be made, as minister and congregation learn about one another. Some of these are a little more “spiritual,” such as styles of worship and fellowship, and others more mundane, such as office hours and contact information. In our case, of course, this is “times two” as both congregations and I adjust to one another, further complicated by my “stretch commute” from Massachusetts. I have already experienced much good will, understanding and willingness to work together and so feel sure we’ll achieve a good relationship that will soon be our “new normal.”

Here are a couple things I want to lift up for us as we start this journey together. As you know, my plan at this point is come up from Quincy early on Sundays to lead worship. (On a Sunday morning, this takes not much more than 90 minutes and allows me to prepare all the details of the service in my home office by Saturday evening.) Following services, I will be available for fellowship, possible meetings or personal appointments if requested. Occasionally, I may spend Saturday night in the area as well.

During the week, I intend to be in both offices on Wednesday mornings in order to overlap with Mona in Sanford and Brian in Saco, spend whatever time is needed for appointments or other business in either office during the afternoon, and then return home. I plan to spend Tuesday night in the area monthly in order to meet with each Board, (their meetings are Tuesday/Wednesday in the same week) and will also be available in either office on Tuesdays on an “as needed” basis. If you would like to see me in the office or meet in the area on either day, please call or e-mail for an appointment. I enjoy and expect to meet parishioners during my office days, and would hate to miss you if I didn’t know you were going to drop by; also, I occasionally have ministers’ meetings or denominational activities that will take up a Tuesday or Wednesday.

Of course, I will be working at home a great deal. Because of that, rather than calling either church to leave a message, it will be more efficient if you contact me directly at my cell phone, 781-330-2521. (Please know that I expect to be called at this number if needed for pastoral or church business.) In terms of e-mail, I invite you to use stephenmichaelcook@ME.com. Once again, I will see that far more frequently and quickly than either church e-mail. If we find that for some reason these arrangements become awkward or inefficient, we will certainly change them but for now, that is how I invite you to contact me.

I look forward to our work and worship together, and hope to see you in church often.

Peace, Rev. Steve

HELP WANTED

Tired of feeling like there is nothing you can do to reduce poverty in Maine and your community?

We, the people of Maine, have a great opportunity to change the tide for a lot of Maine's people and give them hope for a better future for their children.

Two of the referendums we will be voting on in November are:

Raise the Minimum Wage

Fund Maine Public Education, grades K through twelve

This is our best chance to reduce poverty, boost the economy, ensure that all of Maine's students get a quality education and help break the cycle of poverty. WOW! That is why many social justice groups in Maine have decided to work together as the Rebuild Maine Coalition to spread the word, shore up support, and get out the vote on these two referendums, but they need your help!

***This is our time for political action in
Sanford and Springvale, Maine!***

Please join us at:

**Sanford Unitarian Universalist Church
corner of routes 202 and 109
Monday and/or Wednesday at 4PM**

Join us in Goodall Hall for a brief training before having fun talking with our friends and neighbors about these two very important issues that will effect Maine's future!

FMI: call Patty, 324-8995 or 608-7956 or Diego, 608-9373



2016 Communities CARE DAY

What: A day of serving our communities by meeting some of the needs of those who are experiencing challenging times

When: Monday, October 10, 2016 Columbus Day

Where: North Parish UCC Church, 895 Main Street, Sanford

Time: 8:30 AM – 1:00 PM

Sponsored By:

- ♥ Acton Congregational UCC Church, Acton
- ♥ Alfred Parish UCC Church, Alfred
- ♥ Crossroads Methodist Church, Sanford
- ♥ Evergreen Covenant Church, Sanford
- ♥ North Parish UCC Church, Sanford
- ♥ St. George's Episcopal Church, Sanford
- ♥ St. Therese Catholic Church, Sanford
- ♥ Sanford Unitarian Universalist Church, Sanford

**Columbus
Day**

Free Meals Provided:

Breakfast 8:30 - 9:30AM

Lunch 11:30 -12:30 PM

Free and Offered All Day:

Blood pressure screenings
FREE Hair cuts by Snip & Tone
Dental Health with Jill Kelly
Eye tests for 7 basic eye problems
Sanford Lions Club-Cliff Randall
Reflexology Mary Ann Ratteree
Manicures

Activities:

Making healthy snacks
Childcare play area so parents may
have time to check out resources
Arts and Crafts for children
Children's Reading Corner / Books /
Stuffed animals to take home

**Presentations and up-to-date information-
Come and learn about how to better care
for you and your family with:**

The Forgotten Initiative – Marie Briggs
Pathways
Center for Grieving Children
Recovery Programs
Hospice of Southern Maine
York County Community Action
Partners for a Healthier Community
Sr. Food Distribution Info
Caring Unlimited
And others

*****Free Store*****

Offering socks, underwear, blankets, first-aid
packets, toiletry items, 9v batteries for smoke
alarms, winter coats, clothing, hygiene
products, etc.

4 chances to win a \$50.00 grocery card

Thriving in Place York County Day of Service

Saturday, October 15th

9 AM to Noon

Locations throughout the Sanford area



For More Information or to Volunteer Call
Robin Hewitt Bibber, Thriving in Place
York County Coordinator
207-459-2989 or
robin.bibber@nassonhealthcare.org
www.thrivinginplaceyorkcounty.org

UNITARIAN UNIVERSALIST SINGLES SUPPER



What: Potluck Supper for UU & liberal singles

(Bring a dish to share! *Invitations going out to local UU churches including Portsmouth, Exeter, & Newburyport*)

When: SAT. Oct. 22, 6-8:30P

Hosted by the Fellowship Associates of South Church

Where: South Church

292 State Street, Portsmouth, NH

Please **register** for planning purposes.

Registration link: goo.gl/FhmQsq

Childcare will be provided.

LGBTQ+ community welcome!



SUUC Book Group

The SUUC Book Group meeting previously scheduled for October 21st will be held on October 28th, same time, apologies for the change.

We will resume our third Friday of the month schedule in November. Our book for October is "Tribe" by Sebastian Junger. We meet at 6:00pm at the church.

Everyone is welcome!

Make a Difference in the Life of Someone with Alzheimer's Disease or Related Dementia!

Friendly visitors sought by Southern Maine Agency on Aging for 1-2 hours per week to provide companionship and support to people with a memory concern living alone, and to help maintain a link from the client's home to program staff. For more information, speak with Deb Folsom or contact Southern Maine Agency on Aging's Volunteer Coordinator, Angie Millington, at (207) 396-6595 or email amillington@smaa.org.

Fundraising

Diane Whiteside-Peck has decided to be this year's Fundraising Events Coordinator; this position hasn't been filled for awhile, and Diane feels it's a great "Vice-Presidential" task! A brief overview of our usual Church fundraisers includes an Autumn Auction, the Saco Church Holiday Fair in December, a January Gift Exchange, the Annual Budget Drive (Pledge Drive) in February, and a second Auction and a Yard Sale in the Spring. Other fundraisers might be some sort of Musical Event, an Antiques Appraisal, or an International Supper. If any of these activities fill you with excitement, or if you have an idea of your own, please give serious thought to volunteering to lead the one that stirs your passion. Each event would take just a little time per week for four to six weeks: decide where and when; tell Mona in the office so she can advertise; determine what you need for help; post sign-up sheets in the Parlor for helpers; and set up the event at the chosen location. The Budget calls for \$6,000 to be raised this year through fundraisers. Be a Leader, have Fun, and Help the church pay its bills all at the same time! Please contact Diane at dianegaryhana@hotmail.com, or call 646-3780 anytime. Thank you.

Board and Committee Council Retreat

On Saturday, October 22, from 9:00am to 2:00pm at Church, we will have a Board and Committee Council retreat to begin to create our vision for SUUC moving forward this year. If you are a Committee, subcommittee or Church work group chair/representative, we hope you will join us. Please mark your calendars. Stay tuned for more information.

Church Bulletin Bloopers ☺

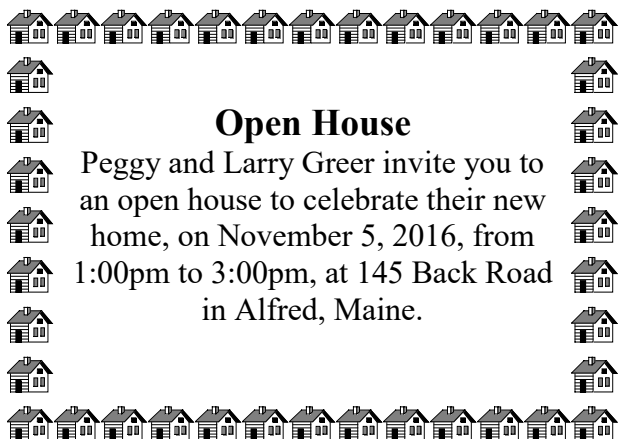
Miss Charlene Mason sang "I will not pass this way again" giving obvious pleasure to the congregation.

New Directories

New directories are available in the parlor, please make sure you have picked up a copy for your household.

Snow Removal

The company we used last year for snow removal is not available to help us this year. From past experience, we have found it best to use a snow removal company rather than an individual. If you know of an organization that would be reliable and do a good job, please have them contact the office (324-3191) to set up an appointment to meet with Bill Ouellette. Thank you.



Parking for the Church
MIDTOWN MALL (one block southeast) has plenty of free parking.
If you need to park closer to the church:
Lebanon Street: YES - in front of the church and Goodall Hall only.
Twombly Road: YES.
Town Realty: NO
Sweetser Lot: NO
Salvation Army: NO
(Their services are held at 10:45am)

Board 2016-2017

President: Aileen Fortune June 30, 2017
Vice President: Diane Whiteside-Peck June 30, 2017
Clerk: Bruce Harrison June 30, 2018
Financial Secretary: Janet Wood June 30, 2018
Treasurer: Deb Folsom June 30, 2017
Co-DREs: Mesha and Ryan Quinn
Choir Director: Charles Grindle

Liaisons:

Stella DiAnn June 30, 2017
Gary Wood June 30, 2018
Patty Kidder June 30, 2019

Church Leadership 2016-2017

Building and Grounds Chair: Bob McCormick
Caring Circle: Gail Lemley Burnett
Choir: Charles Grindle
Church Historian: Helen Kane
Committee on Ministry: Ryan Quinn, Gail Lemley
Corner Cupboard Treasurer: Peg Sawyer
Earth Stewards Green Team: Judi Reis
Finance Committee:
Fundraising: Diane Whiteside-Peck
Grant Manager: Marcel Gagnon
Homesteaders: Jan Sacco and Melody Wood
Members and Friends: Tonia Chase
Music Committee: Melody Wood
Nominating Committee : Tonia Chase 2017, Ginny Howe 2018,
Lisa Huestis 2019
Partners For Sacred Places: Lee Burnett
Pianist: Ruth Leipold
Religious Education Committee:
Second Century Fund Committee: Lee Burnett
Stewardship: Diane Whiteside-Peck and Patty Kidder
UUSC:
Women's Alliance: Nancy Farnham
Worship: Rev. Steve Cook
Worship Associates: Rev. Steve Cook, Bev Brent, Judi Reis,
Jan Sacco, Janie Waterhouse, Stella DiAnn, Patty Kidder,
Mesha Quinn, Evelyn LaBree, Tom Huber, Vicky Bugado

Caring Circle

Gail Lemley Burnett is in charge of our Caring Circle for providing help in case of illness, hospitalization, need for a ride to church, doctors' appointments, etc. Please call Gail at 324-1596 if you need assistance.

Minister's Hours

Rev. Steve Cook will be in his office on Wednesdays, as needed, from 11:00-3:00
781-330-2521 stephenmichaelcook@ME.com

Administrative Office Hours

Office hours are: Monday, Wednesday, Thursday and Friday 7:00-12:00 - info@sanforduuchurch.org

Co-Directors of Religious Education

Mesha and Ryan Quinn - dre@sanforduuchurch.org

Church and Community Groups

AA Meetings: AA meetings are held every Sunday from 5:00pm-6:15pm and Fridays 6:00pm-7:00pm in vestry

Board Meeting: October 11th, Tuesday, at 6:30pm

Book Group: Meeting in Goodall Hall on Friday, October 28th in the Parlor at 6:00pm

Choir: Vocal choir rehearsals are held on Mondays at 6:30pm in the Sanctuary

Church Work Party: The next work day will be held on Saturday, October 8th from 8:00ish-noon

Committee on Ministry: Meets as needed

Corner Cupboard Meetings: Next date the CC is open is October 15th from 10:00-2:00

Council Meeting: Meets as needed

Earth Stewards Green Team: Meets as needed

Finance Committee: Usually meets the Sunday before a Board Meeting

Homesteader's Group: Generally meets 6:30pm at the church or a member's home on the third Thursday of the month

Music Lessons: Private lessons are given on Mondays from 4:30-7:30 in either the Sanctuary, Goodall Hall or one of the rooms downstairs and on Thursdays from 9:00-12:00 in the Sanctuary

Narcotics Anonymous: Meets every Wednesday in the vestry from 7:00pm to 9:30pm

Rebuild Maine: Meeting in Goodall Hall on Mondays and Wednesday from 4:00pm-9:00pm through the elections

Second Century Building Committee: Meets as needed

UUYC (UUs of York County) Meeting: Meets as needed

Violence No More: Every Thursday at 5:00pm in the vestry

Women's Alliance: Meets the second Wednesday of the month at 12:00 noon

Worship Associates: TBA