

Sanford Unitarian Universalist Church
UU NOTES Volume XLIII
April 1, 2019, Issue 10

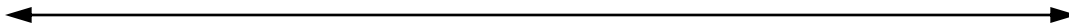
Sanford UU Church
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Minister: Rev. Shay MacKay
Religious Education: Mesha and
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Choir Director: Rev. Charles Grindle
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Church Historian: Helen Kane
Maintenance/Sexton: Bill Ouellette

UUA PRINCIPLES

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- * The inherent worth and dignity of every person.
- * Justice equity, and compassion in human relations.
- * Acceptance of one another and encouragement to spiritual growth in our congregations.
- * A free and responsible search for truth and meaning.
- * The right of conscience and the use of democratic process within our congregations and in society at large.
- * The goal of world community with peace, liberty and justice for all.
- * Respect for the interdependent web of all existence of which we are a part.

(Adopted by the 1984 and 1985 General Assemblies)



**Worship Services are held every Sunday at 11:00am - Coffee hour is held at 10:00am
Child Care is Provided - Everyone is Welcome!**

April 7th - *The Everything Seed* - Rev. Shay MacKay. Special music will be provided by the TriQuire.

April 14th - *The Journey* (A celebration of Mary Oliver and her poetry) - Rev. Shay MacKay.

April 21st - *Easter and Earth Day* - Rev. Shay MacKay.

April 28th - *The Paths that Brought Us Here* - Rev. Diana McLean



Shay's Sharing...

It's Spring!

Well...kind of.

I'm writing this from our sunroom, where, with a small space heater, it's finally warm enough to sit again. It's the Spring Equinox, a balanced day of light and night, and I'm watching a super moon rise in the dusky sky.

I've been reading *The Island Within* by Richard Nelson – a beautiful book filled with lyrical prose and spiritual depth as he realizes over and over again that the breadth and depth of Nature is something to be respected, experienced, protected, and revered.

"Throughout this vast expanse the land breathes with song and pours an anthem of morning into the sky. In the glow of a summer sunrise, the living continent sings."

The world is reawakening, however slowly, blooming and blossoming everywhere around us. Look closely and you will see the signs.

For many of us, I imagine the world within is reawakening as well, after a long, gray winter. When I first came here in August and had grand visions of all the things we would get done, people warned me that life slows down in the winter months. Now I know this to be true!

And it's time for us to move out of hibernation. There is work to be done in this beautiful, brilliant world – songs to be heard and songs to be sung.

"It matters not what the clocks say or the attitudes and labors of men. Morning is when I am awake and there is a dawn in me. Moral reform is the effort to throw off sleep...to be awake is to be alive. We must learn to reawaken and keep ourselves awake, not by mechanical aids, but by an infinite expectation of the dawn, which does not forsake us in our soundest sleep. I know of no more encouraging fact than the unquestionable ability of man to elevate his life by a conscious endeavor. It is something to be able to paint a particular picture, or to carve a statue, and so to make a few objects beautiful; but it is far more glorious to carve and paint the very atmosphere and medium through which we look, which morally we can do. To affect the quality of the day, that is the highest of arts. Every man is tasked to make his life, even in its details, worthy of the contemplation of his most elevated and critical hour. If we refused, or rather used up, such paltry information as we get, the oracles would distinctly inform us how this might be done." ~ Henry David Thoreau from Walden

My friends, let there be a dawn in you! Throw off sleep and jump willingly into the unfamiliar and the unknown. Affect the quality of your days with wonder and awe through conscious endeavor. Carve and paint yourselves anew into a wakefulness that sees this world the way we dream it to be – a wakefulness that inspires you to work toward creating that world unflinchingly.

Thoughts From the President

Everyone, including me, seems more cheerful recently. Perhaps the predictable cold and unpredictable changes of winter cause us to hold our breath, and now we can safely exhale.

As far as Church business goes, sure signs of Spring are the conclusion of the Annual Budget Drive (over \$58,000 pledged, thanks to all of you!), the Finance Committee's work on a 2019-2020 budget, and our Annual Meeting in May. Plans for one more general fundraising event for this Fiscal Year (see Jan's questionnaire), and a specific fundraiser for our new flooring downstairs, are pushing up through the cool ground, just like the crocus or daffodil plants. Look for the blooms soon!

Thoughts of getting the SUUC and the UUCSB folks together more often are also springing up: another picnic at Ferry Beach would be fun; supporting the Doings For Dollars or the Yard Sale in Saco are tremendous ideas; and look for UUCSB's website link on our own website. Shay is doing a wonderful job of mixing "us" and "them" and creating a "We," with her shared pulpit messages, Ministerial Relations Team, and Adult Education offerings. My grateful thanks to all the energetic, generous gardeners in both church families, who consistently water the small ideas and create abundant, new growth. Sunhats off to you! ~Diane Whiteside-Peck

Covenant of Right Relations Team Update

Our CRR team will make our proposed covenant available in early April. The following may be helpful in putting our work in context both as we ask the congregation to affirm our covenant at our Annual Meeting and as we move forward.

Joe Sullivan, Congregational Consultant to New England Region UUA, writes in the March Newsletter *Spiritual Leadership Practices, Part 4: Choosing Mutuality – The Promise & Practice of Covenant*:

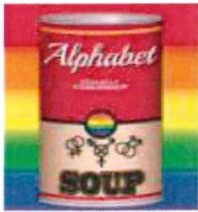
"In yearning for a better world we too often neglect the ancient practice that is central to our UU faith - **covenanting** - the religious discipline intended to help us actualize and sustain our will to mutuality. Covenanting is our renewing practice of solemn promises of mutual support and commitment, of mutual fidelity to shared high purpose, and to something greater than ourselves. . . . Covenanting depends not on piousness or enforced consequences. Rather it depends upon humility, love, grace, trust, compassion, mercy. It is inherently forgiving, and when violated (more commonly by neglect than by misbehavior), it seeks restoration and renewal.

How do we really practice covenant? First and foremost we do so by showing up for one another in spirit and body. . . . We practice it in authentic mutual relationship with marginalized communities and willingness to follow their lead; and when, as Bryan Stevenson suggests, we "get proximate" to suffering.

We can tell the practice of covenant is truly alive when we see:

- ◆ people intentionally putting themselves in uncomfortable, vulnerable encounters, and staying at the table when the going is hard in order to forge or sustain relationship;
- ◆ ongoing faithful risking and tolerance for failure in the cause of advancing shared purpose;
- ◆ norms, traditions, and expectations intentionally altered in order to be truly welcoming to all, especially those marginalized in our communities.

When freely entered and actualized by the people, our Unitarian Universalist core religious practice of covenant is there to undergird expansive, life transforming mutuality. What if we committed to practicing covenant as if the wellbeing of our congregations, our faith, our lives and hopes depended upon it? They do."



We meet at The Unitarian Universalist Church
of Saco & Biddeford
60 School Street Saco, ME

For more information contact Tom Muise at tmansmk49@gmail.com

Alphabet Soup – April 2019 Calendar of Events

Please Note all meetings are open to anyone who would like to join.
See Tom, Brian or Mark for more information.

Pot Luck Dinner for Alphabet Soup

Thursday, April 4, 2019 – 7:00 – 9:00 pm - Location: UUCSB

Theme: Easter Brunch – Make Items to celebrate an Easter Brunch



Let's make it a great big one. Please bring a friend and bring either an entrée, salad, side dish, or some type of Easter Breakfast Food and a dessert to share. So, bring you favorite brunch type side dishes. The Meat will be provided. Remember this is BRUNCH!!!

Leader: Tom

Admission: FREE

Board Game Night

Thursday, April 11, 2019 – 7:00 – 9:00 pm - Location: UUCSB

Bring a friend or two and join us for a fun packed evening playing a board game and socializing. Beverages will be provided, just please bring snacks to share.

Leader: Brian/Mark

Admission: FREE

SAGE Dinner

Thursday, April 18, 2019 – 7:00 – 9:00 pm - Location: UUCSB

We will be joining SAGE in Portland, Maine for their Monthly Dinner. We will be meeting at the Church at 5:00 PM and car pool. Dinner at 6:00 PM. The cost is under \$6.00 or \$8.00 each depending on your age. RSVP by Monday, so that we can get a head count to SAGE.

A little something about SAGE:

Gay Themed Movie Night

Thursday, April 25, 2019 – 7:00 – 9:00 pm - Location: UUCSB

Bring a friend or two and join us for a relaxing evening watching a Gay Themed Movie and socializing. Brian usually finds a good movie for us to watch. Beverages will be provided, just please bring snacks to share.

Leader: Brian

Admission: FREE

Pot Luck Dinner for Alphabet Soup

Theme: **Cowboy's Out on The Ranch**

Thursday, May 2, 2019 – 7:00 – 9:00 PM – Location: UUCSB

Let's make it a great big one. Please bring a friend and bring an entrée, salad, side dish, or a dessert to share. So, bring you favorite brunch type side dish's. The Meat will be provided.

Leader: Tom

Admission: FREE

Here and There...



Elizabeth Fraser, church members, family and friends celebrated her 95th birthday in the parlor on March 3rd.



Ginny, Don and Liz enjoy a visit

Some happy helpers are pictured:
Aiden, Ruth, and Dee →



Notable Harmony

You Can Help the Corner Cupboard Help Others

On March 16th, one hundred twenty-six customers shopped at SUUC's Corner Cupboard in Goodall Hall. Members and friends of the Church volunteered throughout the month to pick up, transport, unpack, organize, display, greet, keep records, and distribute non-food essentials. Some of the products offered were shampoo, all-purpose cleaning liquid, batteries, diapers, dish soap, toothpaste, pet supplies, and paper towels. If you would like to receive essentials, the Cupboard will be open Saturday, April 20th (10:00am- 1:30pm). This service is free to all who come in. Do you wish to volunteer? Contact Dee Ames at deskk@metrocast.net. Financial donations to support this on-going service may be made to SUUC (note: Corner Cupboard).

CLYNK

On March 27th, \$87.28 was picked up at Hannaford from money we received through CLYNK returns. Money generated through this program is picked up throughout the year and goes into our fundraising line. Please pick up a CLYNK bag at the church for your returnable cans and bottles, the bags are located on a table in Goodall Hall for your convenience. You may drop your CLYNK bag off at any Hannaford or at the church. So far this fiscal year we have made \$199.56. Thank you to everyone for participating in this recycling program, we can all make a difference!

Yard Sale and Bake Sale at the UUCSB

May 11th from 8:00am to 1:00pm the Unitarian Universalist Church of Saco and Biddeford will hold their final fundraiser of the fiscal year. Let's support our sister church!

OUR THEATRE COMPANY, INC.

A NON-PROFIT, 501 (C) (3) CORPORATION



Conceived and Originally Directed by **John-Michael Tebelak**

Music and New Lyrics by **Stephen Schwartz**

Originally Produced on the New York Stage by

Edgar Lansbury / Stuart Duncan / Joseph Beruh

April 6th - 28th , 2019

Fridays, Saturdays and Sundays at 7:30pm

No performances on 4/14, 4/21 and 4/27

TICKETS

\$12 - Adults \$10—Seniors & Children

OTC Box Office: 207-294-2995

WWW.MYOTC.ORG

Sanford UU Church

5 Lebanon Street

Sanford, Maine

ALL ARE WELCOME

Godspell is presented by special arrangement with MUSIC THEATRE INTERNATIONAL (MTI).

All authorized performance materials supplied by MTI.

www.MTIShows.com



April



Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>*This workshop is for a registered group only, people who signed up with Rev. Shay before the December 31st deadline</p>	<p>1 Newsletter Day</p> <p>*Theater Tech Week 6:00pm</p>	<p>2</p> <p>Theater Tech Week 6:00pm</p> <p>MTN meeting in Parlor and GH 6:00pm</p>	<p>3</p> <p>Theater Tech Week 6:00pm</p> <p>Project Com. 6:30pm -8:30pm in Goodall hall</p> <p>Narcotics Anon. in Vestry 7:30pm to 9:00pm</p>	<p>4</p> <p>Music lessons 2:15-6:45</p> <p>VNM Vestry 5:00pm</p> <p>Theater Tech Week 6:00pm</p>	<p>5</p> <p>AA in Vestry 6:00pm to 7:00pm</p> <p>Al-anon 6:30pm-7:30pm in GH</p>	<p>6</p> <p>Our Theater performance 7:30pm</p>
<p>7</p> <p>Worship Service 11:00am</p> <p>TriQuire sings in Saco and Sanford</p> <p>Cake Carnival noon</p> <p>AA in Vestry 5:00pm to 6:15pm</p> <p>Our Theater performance 7:30pm</p>	<p>8 *Geography of Grace Rev. Shay SUUC 10-12</p> <p>Brown Bag Supper with Rev. Shay in the parlor 5:00pm-6:30pm</p> <p>Board Meeting 5:30pm potluck, meeting 6:00pm-8:00pm</p>	<p>9</p>	<p>10</p> <p>Women's Alliance meeting at noon</p> <p>Narcotics Anon. in Vestry 7:30pm to 9:00pm</p>	<p>11</p> <p>Music lessons 2:15-6:45</p> <p>VNM Vestry 5:00pm</p>	<p>12</p> <p>AA in Vestry 6:00pm to 7:00pm</p> <p>Al-anon 6:30pm-7:30pm in GH</p> <p>Our Theater performance 7:30pm</p>	<p>13 Church Work Party 8:00ish to noon</p> <p>Our Theater performance 7:30pm</p>
<p>14 Choir rehearsal 9:00am</p> <p>Worship Service 11:00am</p> <p>AA in Vestry 5:00pm to 6:15pm</p>	<p>15 *Geography of Grace Rev. Shay SUUC 10-12</p> <p>Brown Bag Supper with Rev. Shay in the parlor 5:00pm-6:30pm</p> <p>Office closed for Patriots' Day</p>	<p>16</p> <p>MTN meeting in Parlor 6:00pm</p>	<p>17</p> <p>Project Com. 6:30pm -8:30pm in Goodall hall</p> <p>Narcotics Anon. in Vestry 7:30pm to 9:00pm</p>	<p>18</p> <p>Music lessons 2:15-6:45</p> <p>VNM Vestry 5:00pm</p>	<p>19 CC sets up</p> <p>Book Group 6:00pm GH</p> <p>AA in Vestry 6:00pm to 7:00pm</p> <p>Al-anon 6:30pm-7:30pm downstairs</p> <p>Our Theater performance 7:30pm</p>	<p>20 CC Open 10:00am to 1:30pm</p> <p>Our Theater performance 7:30pm</p>
<p>21</p> <p>Easter - Choir sings</p> <p>Worship Service 11:00am</p> <p>AA in Vestry 5:00pm to 6:15pm</p>	<p>22 Earth Day</p> <p>*Geography of Grace Rev. Shay SUUC 10-12</p> <p>Brown Bag Supper with Rev. Shay in the parlor 5:00pm-6:30pm</p>	<p>23</p>	<p>24</p> <p>Narcotics Anon. in Vestry 7:30pm to 9:00pm</p>	<p>25</p> <p>Music lessons 2:15-6:45</p> <p>VNM Vestry 5:00pm</p>	<p>26 AA in Vestry 6:00pm to 7:00pm</p> <p>Al-anon 6:30pm-7:30pm in GH</p> <p>Our Theater performance 7:30pm</p>	<p>27 Wabanaki REACH Workshop in Goodall Hall 9:00-4:00</p>
<p>28</p> <p>Worship Service 11:00am</p> <p>AA in Vestry 5:00pm to 6:15pm</p> <p>Our Theater performance 7:30pm</p>	<p>29 *Geography of Grace Rev. Shay SUUC 10-12</p> <p>Brown Bag Supper with Rev. Shay in the parlor 5:00pm-6:30pm</p>	<p>30</p>				

**Congregational Questionnaire
End of the Year Fundraising
Spring 2019**



Hi all! Many thanks for your support of fundraising efforts so far this fiscal year (July 2018 – June 2019). I am hoping to add one more fundraiser after the Cake Carnival for sometime between May and early June. I'd like your input and level of commitment to participate in several fundraising options, which have been suggested by members of the congregation. I'd also like your thoughts on the best time to schedule one of those.

Please take a few minutes to provide information that will help me to plan for a final fundraising effort before the end of this fiscal year.

Thank you! Jan Sacco

NAME: _____

Please check all that apply:

Spring Auction (silent or live, if silent, could be done over time and not be one day)

_____ I am willing to coordinate or co-coordinate this event

_____ I am willing to contribute items to the auction

_____ I am willing to attend the auction and bid on auction items

Yard Sale

_____ I am willing to coordinate or co-coordinate this event

_____ I am willing to contribute items to the yard sale

_____ I am willing to attend the yard sale

Please check the dates that could work for you or suggest other dates:

_____ Sat May 11 _____ Sat May 18 _____ Sat May 25 _____ Sat June 1 _____ Sat June 8

PLEASE DEPOSIT YOUR COMPLETED QUESTIONNAIRE IN THE BASKET IN THE PARLOR.



Cake Carnival

Cake Carnival, April 7, 2019

Come one, come all to our great SPRING FUNDRAISER in Goodall Hall after Sunday services (featuring the TriQuire) on April 7th at noon. There will be:

- ◆ delectable home-baked cakes for sale
- ◆ a delicious FREE LUNCH
- ◆ a plant and cake raffle at 12:30pm

We still need cakes to sell and people to help with cleanup. A sign-up sheet is in the parlor, or contact Helen Kane at 324-4806.

SUUC Book Group

The SUUC Book Group will meet next on Friday April 19th at 6:00pm in Goodall Hall to discuss:

Spiritual Science: Why Science Needs Spirituality to Make Sense of the World (2018) by Steve Taylor.

Is it possible that the biggest mysteries in the world can be solved not through science or spirituality alone, but through an approach that combines them both?

In this groundbreaking book, Steve Taylor offers a new vision of the world that is compatible with both modern science and ancient spiritual teachings. *Spiritual Science* reveals Taylor's "panspiritist" view of reality, one that transcends both conventional science and religion, and answers many of the riddles that neither can fully explain. The standard model of science has had limited success in explaining many phenomena, including human consciousness, the connection between the mind and the body, altruism and "anomalous" phenomena such as near-death experiences, psi phenomena and spiritual experiences, to name just a few. But from a "panspiritist" perspective – which sees spirit or consciousness as a fundamental essence of reality – it is possible to make sense of all these things.

Drawing on the insights of philosophers, physicists, mystics, as well as spiritual traditions and indigenous cultures, Steve Taylor makes a compelling case for a spiritual vision of reality. He presents a worldview that is compatible with both modern science and ancient spiritual teachings – a vision of a sacred and interconnected world, and of a meaningful and purposeful human life.

Board 2018-2019

President: Diane Whiteside-Peck - June 30, 2019

Vice President: Karen Nelson - June 30, 2019

Clerk: Janie Waterhouse - June 30, 2020

Financial Secretary: Ginny Howe - June 30, 2020

Treasurer: Marcel Gagnon - June 30, 2019

Liaisons: Patty Kidder - June 30, 2019

Judi Reis - June 30, 2020

DREs: Ryan and Mesha Quinn

Church Leadership 2018-2019

Building and Grounds: Bob McCormick

Caring Circle Chair: Gail Burnett

Choir: Charles Grindle

Church Historian: Helen Kane

Corner Cupboard: Peg Sawyer, Judi Reis, Dee Ames, Helen Kane

Covenant of Right Relations Team: Aileen Fortune, Melody Wood, Lee Burnett, Karen Nelson, Rev. Shay

FIAT (Faith in Action Team): Patty Kidder

Finance Committee: Peg Sawyer, Pat Herrick, Ginny Howe, Deb Folsom

Fundraising Coordinator: Jan Sacco

Homesteaders: Jan Sacco, Melody Wood

Investment Management Committee: John Steffens, Peg Sawyer, Art Dumas, Howard Dupee

Members and Friends: Tonia Chase

Ministerial Relations Team: Tom Huber, Dee Ames, Bev Brent

Music Committee Chair: Melody Wood

Nominating Committee: Lisa Huestis 2019, David Agan 2021, Deb Folsom

Stewardship/Members: Helen Kane

Women's Alliance: Nancy Farnham

Worship: Rev. Shay MacKay

Worship Associates: Rev. Shay, Patty Kidder, Mesha Quinn, Tom Huber, Beverly Brent, Judi Reis, Jan Sacco, Janie Waterhouse

Caring Circle - Gail Lemley Burnett is in charge of our Caring Circle for providing help in case of illness or in the event of hospitalization. Please call Gail at 324-1596 if you need assistance.

Minister - Rev. Shay MacKay. In the event of a pastoral emergency, please contact Rev. Shay at 207-518-8059 or at revshaymackay@gmail.com Shay's office hours are on Mondays from 11:00am-5:00pm and Tuesdays 2:30pm-5:30pm

Administrative Office Hours - Monday, Wednesday, Thursday, Friday - 7:00am to noon info@sanforduuchurch.org

Co-Directors of Religious Education - Mesha and Ryan Quinn - dre@sanforduuchurch.org

UUCSB Leadership

President: Al Casad

Vice President: Niki Norman **Secretary:** Ron Hiser

Treasurer: Wendy Coleman **Collector:** Betsey Pace

At Large: Mojens Ravn, Pat Snyder, James Stranderfer, Anne Dobson

Please contact UUCSB at uuchurch@gwi.net for contact information

SUUC Church and Community Groups

1. AA Meetings: AA meetings are held every Sunday from 5:00pm-6:15pm and Fridays 6:00pm-7:00pm in the Vestry
2. Al-anon Meetings: Fridays in GH 6:30pm-7:30pm and meeting in the Parlor on days the Book Group meets in GH
3. Board Meeting: Monday, April 8th meeting from 6:00pm-8:00pm NO potluck in April and May
4. Book Group: Next meeting is April 19th at 6:00pm in Goodall Hall
5. Brown Bag Suppers with Rev. Shay - Mondays from 5:00pm-6:30pm in the Parlor through the end of May
6. Choir: Rehearsal April 14th
7. Church Work Party: April 13th, 8:00ish to noon
8. Corner Cupboard: Next date the CC is open is on April 20th 10:00am-1:30pm.
9. Geography of Grace Workshop: With Rev. Shay at the SUUC 10:00-12:00 - See calendar in newsletter
10. Maine Transgender Network (MTN): Meets on the first Tuesday of the month at 6:00pm in the Parlor and GH and the third Tuesday of the month at 6:00pm in Parlor
11. Music Lessons: Lessons are given on Thursdays from 2:15-6:45 in the Sanctuary
12. Narcotics Anonymous: Meets every Wednesday in the Vestry from 7:00pm to 9:30pm
13. Our Theater rehearsals, see calendar
14. Project CommUnity: Meetings are held on the first and third Wednesday of each month in Goodall Hall from 6:30pm-8:30pm.
15. Violence No More: Every Thursday at 5:00pm in the Vestry
16. Women's Alliance: Meets the second Wednesday of every month at noon
17. Worship Associates: Sunday, May 5th from 3:00pm to 5:30pm. Worship Retreat, location TBD. For Worship Associates only.