





## *Shay's Sharing...*

### **Tending Fires by Rev. Lindasusan V. Ulrich**

Kieran was a curious child, interested in everything that the grown-ups in the village could teach them. The one thing Kieran wasn't interested in, though? Waiting.

Kieran often watched Naima, one of the village's Fire Tenders, take her time placing each piece of kindling just so, stacking smaller branches on top, and then carefully propping the full logs into a cone. The slowness of it made Kieran practically twitch. "Ms. Naima, why can't you just throw all of it into the fire pit together? It's all going to burn anyway."

Naima smiled. "Kieran, fires need to breathe. You have to be patient as you build them or the air won't flow properly."

Kieran also liked to visit Talia, a seamstress. As she tied a knot in her thread, she eyed her young companion. "Kieran, dear, I sew love into every stitch of everything I make. That's what makes each piece special. The process takes time, but it's worth it."

Walking home, Kieran noticed that Farad still hadn't finished the well he'd been digging over the weekend. Farad wiped dirt off his forehead with a cloth. "Friend, there's much more to digging a well than getting out a shovel and removing some soil. For example, I have to line the sides with stone so the water will be safe for drinking. I can't rush something like that."

A few days later, Kieran came running home after school, tears streaming down their face. After finding Auntie Viv in the garden, Kieran shared the story in a rush of words. "I was walking home through the park because it's such a nice day, and as I went past some oak trees, I saw this boy hassling someone. And he was saying all kinds of awful things about her family, and her hair, and her house, and she was crying. So without even thinking, I swooped in and told him he'd better leave her alone, and then I grabbed her hand and we ran away."

"What do you think you got wrong?"

"Well, you're always telling me I should be more patient and wait things out, but I jumped right in instead. I'm sorry, Auntie Viv."

"Kieran, injustice always deserves a response. You interrupted harm from continuing. Will I still worry when you leap before you look? Of course. But it took courage to defend your friend. Building justice takes time and care, sweetheart. If we do it right, though, it will be a justice that lasts."

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This was the story for all ages told during the closing worship service at the UUA General Assembly this past June. The conference was focused on exploring possibilities for transformation found through cooperation and collaboration. I'm excited to share some of what I experienced while I was there, and to see where these messages may take us.

**Please join me for a "movie and discussion" night on Saturday, September 14<sup>th</sup> from 6:30 p.m. to 8:00 p.m. in UUCSB's Parish Hall in Saco. We will, together, watch Reverend Marta I. Valentín's sermon from the closing worship service, titled "It is Time Now" and then have discussion afterward. Light snacks will be provided, but feel free to bring more to share!**

## **Church Yard Sale Update**

The church yard sale held on August 24th was a great success! We raised \$481.00 so far. Many thanks to volunteers: Lesley O., Janet and Gary W., Gary P, Ginny H., Karen N., Paul P., Marty and Linda, Bill and Mona, Ruth and Dave L., and Georgia R. for the great location and all who donated items! There are a few select items leftover in the parlor open for congruents to peruse and purchase on Sunday, September 8th. Thanks again!

## **From the Board**

Happy September to you all! At our annual meeting last June, the congregation approved a slate of officers with no specific Board President (not for lack of effort on the part of the Nominating Committee). ‘No Board President? How would that work?’, you might wonder. Our Board met on August 12<sup>th</sup> to discuss that exact question.

Diane Whiteside-Peck, who has been our President for the last 2 years, provided us with a list of tasks for which she has taken responsibility. We discussed how these tasks might best be shared among the Board. Some tasks, like newsletter articles and meeting facilitation, will be alternated to each Board member through the church year. Other tasks will be completed by the person(s) best qualified to carry out the task. We will be in close communication and will support one another.

Sharing the duties of Board President is viewed as a worthy experiment by everyone on the Board. We look forward to working collaboratively and serving this congregation with confidence and optimism for the coming year. Please feel free to reach out to us.

Warm regards, Ginny Howe (Financial Secretary)

Board: Marcel Gagnon (Treasurer), Ginny Howe (Financial Secretary), Karen Nelson (Vice President & Liaison), Natasha Nolan (Liaison), Janie Waterhouse (Clerk), Diane Whiteside-Peck (Liaison)

## **Special Visitors**

On September 20th the Rev. Fred and Karen Muir are coming to Sanford for the weekend. Fred was our minister here in Sanford from 1976 to 1983. They are planning to attend the church service on the 22nd and look forward to seeing folks who were associated with the church during that time. Those of us who were lucky enough to know them look forward to seeing them again!

## **Communities CARE DAY**

### **What:**

A day of serving our communities by meeting some of the needs of those who are experiencing challenging times

### **When:**

Monday, October 14th, 2019 Indigenous Peoples’ Day

### **Where:**

North Parish UCC Church, 895 Main Street in Sanford

### **Time:**

8:30 a.m. to 1:00 p.m.

More information will be coming soon!



# September



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 NO service will be held on this day</p> <p>AA Vestry 5:00pm-6:15pm</p>	<p>2 Labor Day Office is closed</p>	<p>3 Music Lessons 2:00pm-7:30pm</p> <p>Brown Bag Supper with Rev. Shay 5:00pm-6:00pm</p> <p>MTN meeting in GH 6:00pm</p>	<p>4 Newsletter Day</p> <p>Project CommUnity 6:30pm-8:30pm in GH</p> <p>Narcotics Anon. in vestry 7:30pm-9:00pm</p>	<p>5</p> <p>Bereavement Support Group GH 5:00pm-6:30pm</p> <p>VNM Vestry 5:00pm</p> <p>VNM Vestry 5:00pm</p>	<p>6</p> <p>AA Vestry 6:00pm-7:00pm</p> <p>AI-Anon 6:30-7:30 GH</p>	<p>7</p>
<p>8 Choir 9:00 a.m. RE classes 10:00am 11:00am worship service Gathering of the Waters Rev. Shay AA Vestry 5:00pm-6:15pm</p>	<p>9</p> <p>Board Meeting 6:00pm-8:00pm</p>	<p>10</p> <p>Music Lessons 2:00pm-7:30pm</p>	<p>11</p> <p>Women's Alliance meeting at noon</p> <p>Narcotics Anon. in vestry 7:30pm-9:00pm</p>	<p>12</p> <p>Bereavement Support Group GH 5:00pm-6:30pm</p> <p>VNM Vestry 5:00pm</p> <p>VNM Vestry 5:00pm</p>	<p>13</p> <p>AA Vestry 6:00pm-7:00pm</p> <p>AI-Anon 6:30-7:30 GH</p>	<p>14</p> <p>Movie and discussion night at UUCSB in Saco from 6:30pm-8:00pm with Rev. Shay</p>
<p>15 Choir 9:00 11:00am worship service with Rev. Shay</p> <p>AA Vestry 5:00pm-6:15pm</p>	<p>16</p>	<p>17 Music Lessons 2:00pm-7:30pm</p> <p>Brown Bag Supper with Rev. Shay 5:00pm-6:00pm</p> <p>MTN meeting in GH 6:00pm</p> <p>Vespers Service with Rev. Shay 6:30pm</p>	<p>18</p> <p>Project CommUnity 6:30pm-8:30pm in GH</p> <p>Narcotics Anon. in vestry 7:30pm-9:00pm</p>	<p>19</p> <p>Bereavement Support Group GH 5:00pm-6:30pm</p> <p>VNM Vestry 5:00pm</p>	<p>20 CC sets up SUUC Book Group 6:00pm in Goodall Hall</p> <p>AA Vestry 6:00pm-7:00pm</p> <p>AI-Anon 6:30-7:30 in parlor</p>	<p>21 CC is open 10:00am -1:30pm</p> <p>RE meets at the church 10:00am-noon</p>
<p>22 Choir 9:00 RE classes 10:00am 11:00am worship service with Worship Associate, Patty Kidder</p> <p>AA Vestry 5:00pm-6:15pm</p>	<p>23 Autumn begins</p>	<p>24</p> <p>Music Lessons 2:00pm-7:30pm</p>	<p>25</p> <p>Narcotics Anon. in vestry 7:30pm-9:00pm</p>	<p>26</p> <p>Bereavement Support Group GH 5:00pm-6:30pm</p> <p>VNM Vestry 5:00pm</p>	<p>27</p> <p>AA Vestry 6:00pm-7:00pm</p> <p>AI-Anon 6:30-7:30 GH</p>	<p>28</p>
<p>29 Choir 9:00 11:00am worship service with Rev. Shay, the choir will sing AA Vestry 5:00pm-6:15pm</p>	<p>30</p>					

## Our Sister Church

Visit our sister church's website at <http://www.uuchurchsacobiddeford.com/>

### SUUC Book Group

The Book Group will meet again on Friday, September 20th from 6:00 p.m. -7:30 p.m. in Goodall Hall. Tomi Adeyemi conjures a stunning world of dark magic and danger in her West African-inspired fantasy debut.

*Children of Blood and Bone* is a young adult novel that is far easier to read than it looks – it's long but an easy read. It's also an engaging myth. If you loved Harry Potter, you may fall in love with Zelig, Amari, and others in their clans. More important, its Nigerian-American author writes it as an analogy to the state of our world for many young people. We should have a fascinating discussion.

The book group may not meet at the church and meet, instead, nearby. Please let Karen Nelson ([karenhnelon77@gmail.com](mailto:karenhnelon77@gmail.com)) know if you plan to come so she can confirm location.

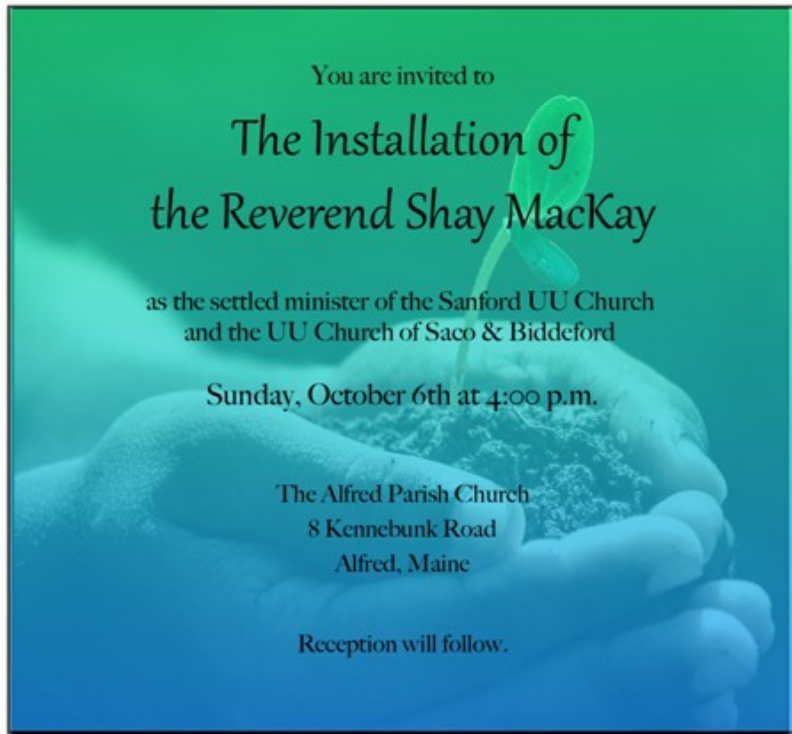
### Unitarian Universalist Singles Supper

UU and liberal singles potluck will be held on Saturday, October 5th from 6:00 p.m. to 8:30 p.m. at the South Church, 292 State Street, Portsmouth, NH. Bring a dish to share, bring a board game for after dinner games, bring an instrument if you wish to play music. LGBTQ+ community welcome! Please register for planning purposes at <http://bit.ly/2zcfpdJ>

### Donations for the Local Stuff the Bus Program from Church Members and the Corner Cupboard. Thank You!







## THE INSTALLATION OF THE REVEREND SHAY MACKAY

Sunday, October 6<sup>th</sup> at 4:00 p.m. at the Alfred Parish Church, 8 Kennebunk Road, Alfred, ME.  
(reception to follow)

An Installation is a ceremonial worship service in which a minister is recognized as being Called to serve a specific community – it highlights and reaffirms the relationship between the minister and the people. It is an important milestone in the life of the church(es), signifying a transition into a new era and an openness to new ideas. It is both solemn and celebratory, with serious words from various people and a wicked party afterwards!

One of my beloved mentors, The Reverend Victoria Safford, will be preaching for the service

and her words are not to be missed. There will be guests from out of town, other UU clergy from around New England, and, of course, as many of you as possible – all come together to bless and celebrate our journey with one another.

I would be honored if you would join me for this important occasion.

### Here is where you'll find Rev. Shay this Fall:

SUUC Office hours:

Tuesdays 2:00 p.m. to 5:00 p.m.

Wednesdays 8:00 a.m. to 11:00 a.m. and 2:00 p.m. to 4:00 p.m. (and other various times by appointment)

### Brown Bag Suppers are Back!

You are invited to bring your own supper and join me at the church for casual conversation twice a month: on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of each month from 5:00 p.m. to 6:00 p.m.

### 3<sup>rd</sup> Tuesday Vespers at 6:30 p.m.

A vespers service is an evening worship/prayer service, usually more contemplative than a Sunday morning service. Once a month, Rev. Shay will be leading a 45 minute vespers in the Sanctuary – a time for music, poetry, and meditation. All are welcome.



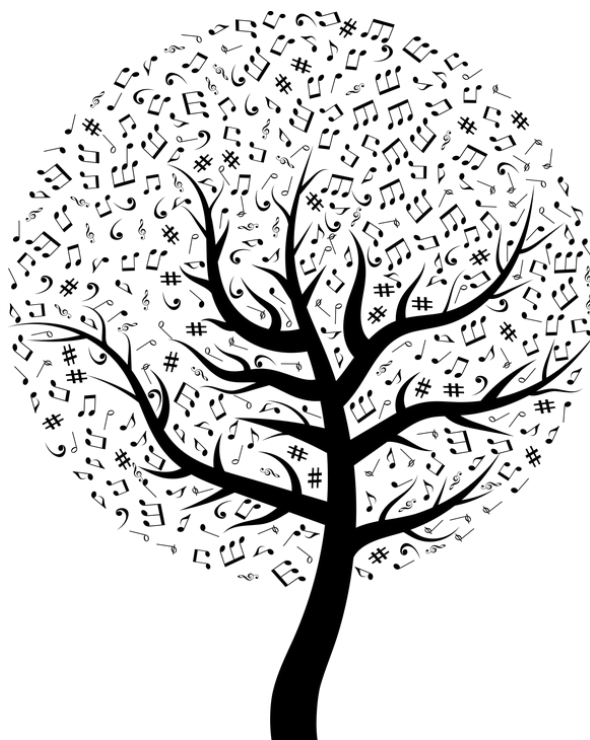
## Religious Education Update

In the words of UU faith leader, Connie Goodbread, "Faith development is all we do. Unitarian Universalism is the faith we teach. The congregation is the curriculum." Join us as we embark on a new journey of engaging the entire congregation in faith formation with our youth. Youth Group/Religious Education is offered before the church services starting at 10:00 a.m. on the 2<sup>nd</sup> and 4<sup>th</sup> Sunday of each month, September through May. Additionally, we meet the 3<sup>rd</sup> Saturday of every month (all year round) from 10:00 a.m. to 12:00 p.m. at the church. During

our Saturday meetings, we may be volunteering in our community, spending time in the community together or planning a youth event. We believe that our youth are an integral part of creating our church community. As such, youth work on projects and learning together before the service and then remain with their families upstairs during the church service. On the 3<sup>rd</sup> Sunday of each month, youth will have the opportunity to participate in the development and delivery of the church service with Reverend Shay MacKay and the Worship Associates. Youth are encouraged to participate in ways that they feel comfortable expressing their individuality, talents and faith. On any give Sunday, children can be found greeting incoming church members at the door, lighting the chalice, giving opening announcements, hosting coffee hour, singing in the choir, providing special music and talents and even presenting their own RE services. We welcome all children and their families! Mesha Quinn, DRE

## SUUC Choir

Greetings, choir members, and any voices called to join us this year! I hope you all had a great summer. It seems after discussions that Sunday mornings at 9:00 a.m. are best for rehearsals. That being said, we will be rehearsing September 8th, 15th, 22nd, and 29th. We will sing on the 29<sup>th</sup>, and again with UUCSB for Rev. Shay's installation on October 6th. I'm looking forward to working with you all again and would love to see some new faces. We have wonderful music that enhances our worship, and YOU could be part of it! See you in church, Rev. Charlie



## Board 2019-2020

**Vice President:** Karen Nelson - June 30, 2021

**Clerk:** Janie Waterhouse - June 30, 2020

**Financial Secretary:** Ginny Howe - June 30, 2020

**Treasurer:** Marcel Gagnon - June 30, 2021

**Liaisons:** Judi Reis - June 30, 2020, Natasha Nolan Parker - June 30, 2022, Diane Whiteside-Peck - June 30, 2021

**DREs:** Ryan and Mesha Quinn

## Church Leadership 2019-2020

Building and Grounds:

Capital Projects Building Committee: Howard Dupee, Bill Ouellette

Caring Circle Chair: Gail Burnett

Choir: Charles Grindle

Church Historian: Helen Kane

Corner Cupboard: Peg Sawyer, Judi Reis, Dee Ames, Helen Kane

Covenant of Right Relations Team: Aileen Fortune, Melody Wood, Lee Burnett, Karen Nelson, Rev. Shay

FIAT (Faith in Action Team): Patty Kidder

Finance Committee: Peg Sawyer, Pat Herrick, Ginny Howe, Deb Folsom

Fundraising Coordinator: Jan Sacco

Homesteaders: Jan Sacco, Melody Wood

Investment Management Committee: John Steffens, Peg Sawyer, Art Dumas, Howard Dupee

Members and Friends: Tonia Chase

Ministerial Relations Team: Tom Huber, Dee Ames, Bev Brent

Music Committee Chair: Melody Wood

Nominating Committee: David Agan, Deb Folsom, Jan Sacco

Stewardship/Members: Helen Kane

Women's Alliance: Nancy Farnham

Worship: Rev. Shay MacKay

Worship Associates: Rev. Shay, Patty Kidder, Mesha Quinn, Tom Huber, Beverly Brent, Judi Reis, Jan Sacco, Janie

**Caring Circle** - Gail Lemley Burnett is in charge of our Caring Circle for providing help in case of illness or in the event of hospitalization. Please call Gail at 324-1596 if you need assistance.

**Minister** - Rev. Shay MacKay. In the event of a pastoral emergency, please contact Rev. Shay at 207-518-8059 or at revshaymackay@gmail.com Office hours are Tuesdays 2:00 p.m. to 5:00 p.m. and Wednesdays 8:00 a.m. to 11:00 a.m. and 2:00 p.m. to 4:00 p.m. (and other various times by appointment)

**Administrative Office Hours** - Monday, Wednesday, Thursday, Friday - 7:00am to noon info@sanforduuchurch.org

**Co-Directors of Religious Education** - Mesha and Ryan Quinn - dre@sanforduuchurch.org

## UUCSB Leadership

**President:** Allen Casad

**Vice President:** Ron Hiser

**Secretary:** Pat Snyder

**Treasurer:** Wendy Coleman

**Collector:** Betsy Pace

**At Large:** Susan Young, Laurie Sivonen, Isa Ahmed

Please contact UUCSB at uuchurch@gwi.net for contact information

## SUUC Church and Community Groups

**AA Meetings:** AA meetings are held every Sunday from 5:00pm-6:15pm and Fridays 6:00pm-7:00pm in the Vestry

**Al-Anon Meetings:** Fridays in GH 6:30pm-7:30pm and meeting in the Parlor on days the Book Group meets in Goodall Hall

**Board Meeting:** September 9th from 6:00pm to 8:00pm in Goodall Hall

**Book Group:** Next meeting is September 20th at 6:00pm in Goodall Hall

**Choir:** Rehearsals September 8th, 15th, 22nd, 29th at 9:00 a.m.

**Corner Cupboard:** CC is open on September 21st from 10:00am to 1:30pm

**Evening Bereavement Group:** Meetings are on Thursdays from 5:00pm-6:30pm in Goodall Hall through November 7th

**Maine Transgender Network (MTN):** Meets on the first Tuesday of the month at 6:00pm in the Parlor and the third Tuesday of the month at 6:00pm in the Parlor

**Music Lessons:** Lessons are given on Tuesdays from 2:00 p.m.-7:30 p.m. in the Sanctuary

**Narcotics Anonymous:** Meets every Wednesday in the Vestry from 7:00pm to 9:30pm

**Project CommUnity:** Meetings are held on the first and third Wednesday of each month in Goodall Hall from 6:30pm-8:30pm

**Violence No More:** Every Thursday at 5:00pm in the Vestry

**Women's Alliance:** Meets the second Wednesday of every month at noon

**Worship Associates:** TBD