

Sanford UU Church 5 Lebanon Street Sanford, ME 04073

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Website: sanfordunitarianuniversalist

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Minister: Rev. Shay MacKay

Religious Education Directors: Mesha

and Ryan Quinn

Choir Director: Rev. Charles Grindle

Pianist: Ruth Leipold

Church Administrator: Mona Ouellette Newsletter Editor: Mona Ouellette Church Historian: Helen Kane Maintenance/Sexton: Bill Ouellette

# Sanford Unitarian Universalist Church UU NOTES Volume XLIV February 1, 2020, Issue 8

#### **UUA PRINCIPLES**

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- \* The inherent worth and dignity of every person.
- \* Justice equity, and compassion in human relations.
- \* Acceptance of one another and encouragement to spiritual growth in our congregations.
- \* A free and responsible search for truth and meaning.
- \* The right of conscience and the use of democratic process within our congregations and in society at large.
- \* The goal of world community with peace, liberty and justice for all.
- \* Respect for the interdependent web of all existence of which we are a part.

(Adopted by the 1984 and 1985 General Assemblies)

# Coffee/Social Hour is held at 10:00 a.m. Services are held at 11:00 a.m. Everyone is Welcome!

**February 2nd Service -** *Companions on the Journey -* The service will be led by guest minister, Rev. Larry Greer.

February 9th Service - The Three Jewels - The service will be led by Rev. Shay MacKay.

**February 16th Service** - *May I Be Filled with Loving Kindness* - The service will be led by Rev. Shay MacKay.

**February 17th Vespers Service** - A vespers service will be held at the UUCSB, 60 School Street in Saco, at 7:00 p.m. - everyone is welcome. The service will be led by Rev. Shay MacKay.

February 23rd Service - The service will be led by Rev. Shay MacKay.





General Assembly is the annual gathering of Unitarian Universalists, where we conduct business of the Association, explore the theological underpinnings of our faith, and lean fully into our mission and principles. Please join us Wednesday, June 24 through Sunday, June 28, 2020 in Providence, Rhode Island for this 5-day immersive experience where we participate in inspirational worship services and informative workshops, reconvene with friends and colleagues, and explore our bustling exhibit hall. GA is an unforgettable experience for the thousands of UUs who attend. Meet us in Providence and you'll leave with renewed energy and innovative ideas to share with your congregation and community-at-large! The theme for General Assembly in June 2020 is *Rooted*, *Inspired*, & *Ready!* We are in touch with our theological roots, we are engaged in transforming our faith, and we are fired up to take action in the wider world.

**Registration and Housing -** Registration is now open at uua.org/ga. Full-time registration is \$400 for adults, \$240 for high school youth and retired and candidate ministers, \$150 for off-site registrants. Register by March 15 for the lowest rate. Rates will increase on March 16 and again on May 1.

There are those who may find it more manageable to spread out their GA registration fee in smaller, periodic installments rather than one lump sum. When you register you many now choose to pay with our brand-new Payment Plan option to spread out your payments over several months. Registration can be paid in installments, with as little as \$50 down, through February 29, 2020.

In addition to a variety of nearby hotels, attendees will also be able to book dormitory-style accommodations at two local universities. Also, UUs from local congregations will serve as host families for Home Hospitality, which is B&B style accommodations. For more information, visit uua.org/ga. Make your hotel reservation beginning March 2 at 9:00 a.m. Eastern.

FAITHIFY has a proven record of helping people get to General Assembly. Crowdfunding is a democratic, grass roots, and increasingly common tool to fund GA travel and registration expenses. When we contribute to a GA scholarship campaign, we welcome more people to be full participants in the largest gathering of our faith community. Get inspired at FAITHIFY.org.

**Providence:** The Creative Capital - Providence combines the accessibility and friendliness of a small town with the culture and sophistication of a big city. With a thriving arts community, vibrant and diverse neighborhoods, outstanding hotels, a renowned restaurant scene, and so many things to do, Providence welcomes all Unitarian Universalists for GA 2020! Easily accessed via Interstate 95, Providence is a 50-minute drive from Boston and a three-hour drive from New York City. Warwick Green Airport (PVD) is a 10-minute drive from Providence and offers an average of 100 nonstop daily flights, intercity bus transportation, and connection to commuter rail service. Boston Logan Airport (BOS) is located less than 50 miles from Providence. Bus service is available directly from Logan to downtown Providence; and Amtrak and commuter rail service are available from downtown Boston.

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Excellent Programming - GA will offer more than 100 outstanding programming selections (workshops, panel discussions, worship services, and other presentations) over the course of five days. Programs will provide attendees with concrete and usable tools to further the work, and the balance needed to explore multiple identity-based and theological perspectives. More programming details are available at uua.org/ga. Like Unitarian Universalism, GA offers a wealth of theological diversity. A variety of worship choices are offered throughout GA. The Service of the Living Tradition is where we commemorate fellowshipped and credentialed religious leaders, those who have died, those who have completed active service, and welcome those who have received fellowship or credentialed status in the past year. Sunday Morning Worship at GA is a powerful, communal worship experience and is the largest annual gathering of UUs in Worship. Each year a distinguished guest speaker is invited to address the General Assembly as the Ware Lecturer. Recent lecturers have included Bryan Stevenson, Cornel West, and Maria Hinojosa. The 2020 Ware Lecturer will be announced soon.

**Financial Aid Available -** The UUA is committed to the goal of making GA accessible to as many attendees as possible. Go to uua.org/ga in the month of March to learn about scholarships to support delegates - particularly those from marginalized groups - and volunteer opportunities (work in exchange for registration).

Congregational Participation from Off-Site - The votes that GA delegates cast have a huge impact on Unitarian Universalism. They determine our elected leaders, amend the bylaws and rules that govern our Association, and shape the justice work that we do as a movement. If you are interested in serving as a delegate from your congregation, talk to your minister or your congregation's governing body. Technology provides opportunities to connect on-site participants with those who cannot attend in person. GA is transforming into a hybrid meeting—incorporating off-site delegate participation, live-streaming of events, and social media to create an interactive experience for on-site and remote attendees. Off-site registrants are able to watch and ask questions in live sessions, including select workshops and business sessions. Off-site Voting Delegates are also able to propose amendments in the live business sessions, participate in debates, and vote in General Sessions. Go to uua.org/ga to learn how congregations can register Off-Site Registrants at a discounted group rate, and to find useful tips how they can gather together locally while they participate in GA.

**Accessibility** - The UUA is committed to addressing the inclusion of all people, whatever their abilities might be, in all GA activities. Beyond the physical accessibility of the facilities we use—ramps, captioning, seating cut-outs, etc.—we endeavor to take the next step: to truly welcome people with disabilities into every facet of GA.

**Children -** All children are welcome to attend GA events with their parents or guardians. Children who have not yet entered high school (or its equivalent) are welcome to attend GA events with their parents or guardians at no cost but are still required to register. For parents who need child care, Children's Programs are available Thursday, Friday and Saturday during GA. Register for Children's Programs by May 28 at uua.org/ga.

**Youth** - Attending the annual General Assembly as a high school aged youth (grades 9-12 in the preceding school year, or the equivalent for home-schooled youth) is an incredible experience. Not only do you get to worship, witness, learn and connect in a multigenerational continental community, you can get to know hundreds of other youth and participate in making an impact on the Association through the democratic process.



# January Corner Cupboard - Chilly and Warm

It was above zero when the Corner Cupboard doors opened at 10:00 a.m. on Saturday, January 18th - but just barely. By closing time at 1:30 p.m., the temperature had risen into the teens and 115 households (including 10 new ones) had acquired free non-food household essentials, clothing, and miscellaneous donated items. And all the clients had been warmed by the solar-powered heat pumps in Goodall Hall and by the greetings and services offered by enthusiastic Corner Cupboard volunteers.

# **SUUC Book Group**

The Book Group will meet on February 28th at the home of Gary and Janet Wood (434 Mount Hope Road in Sanford) from 6:00 p.m.-7:30 p.m. We will discuss *The Great Alone* by Kristin Hannah (2018). Set in 1974 Alaska, this sweeping tale follows a girl coping with the dangers of domestic violence. Though ill-prepared for the extreme and harsh conditions, 13-year-old Leni and her parents, Ernt and Cora, have to learn how to survive the unforgiving wild of their new home on the Kenai peninsula. Cora will do anything for the man she loves, even if means following him into the unknown. Thirteen-year-old Leni, caught in the riptide of her parents' passionate, stormy relationship, has little choice but to go along, daring to hope this new land promises her family a better future.

#### **CLYNK**

On January 3rd, \$140.33 was picked up at Hannaford from money we received through CLYNK returns. Money generated through this program is picked up throughout the year and goes into our fundraising line. Please pick up a CLYNK bag at the church for your returnable cans and bottles, the bags are located on a table in Goodall Hall for your convenience. You may drop your CLYNK bag off at any Hannaford or at the church. So far this fiscal year we have made \$182.80. Thank you to everyone for participating in this recycling program, we can all make a difference!

#### **Our Sister Church**

Visit our sister church's website at http://www.uuchurchsacobiddeford.com/

# **Snowflake Auction Coming Soon!**

Snowflake Auction at our sister church on Saturday, February 1, 2020 from 4:00 p.m. to 7:30 p.m. This is a goods and services auction, no entrance fee. Silent Auction preview is from 2:00 p.m. to 4:00 p.m. - no bids allowed at that time. Hearty appetizers, cash bar and desserts will be in the Parish Hall, along with musical entertainment. FMI please contact the UUCSB at 207-282-0062.

# Name Tags

We are happy to have new people attending our church. This makes wearing our name tags all the more important. Please be sure to pick up your name tag and wear it to the service to help welcome our visitors.





# February 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						I Snowflake Auction at UUCSB 4:00pm to 7:30pm
2 Choir rehearsal 11:00am worship service with Rev. Larry Greer  Story of Maine showing in Goodall Hall following worship service  AA Vestry 5:00pm- 6:15pm	3	4 Music Lessons 3:00pm-8:00pm in Sanctuary  MTN meeting in Shay's office 6:00pm	Project CommUnity 6:30pm-8:30pm in GH Al-Anon 6:00pm- 7:00pmGH Narcotics Anon. in vestry 7:30pm- 9:00pm	VNM Vestry 5:00pm Quiet Social Time 5:00pm-7:00pm Rev. Shay's office	7 AA Vestry 6:00pm-7:00pm	8
9 RE classes 10:00am 11:00am worship service  Story of Maine showing in Goodall Hall following worship service  AA Vestry 5:00pm- 6:15pm	Board Meeting 6:30pm-8:00pm	Music Lessons 3:00pm-8:00pm in Sanctuary	12 Women's Alliance meeting at noon Al-Anon 6:00pm- 7:00pmGH Narcotics Anon. in vestry 7:30pm- 9:00pm	13 Bereavement Support Group GH 5:00pm-6:30pm  VNM Vestry 5:00pm  Quiet Social Time 5:00pm-7:00pm Rev. Shay's office	14 Valentine's Day ♥ CC sets up  AA Vestry 6:00pm-7:00pm	15 CC is open 10:00am –1:30pm RE meets at the church 10:00am- noon
16 11:00am worship service Story of Maine showing in Goodall Hall following worship service AA Vestry 5:00pm-6:15pm	17 Presidents' Day  Vespers with Rev. Shay at UUCSB 7:00pm	18 Music Lessons 3:00pm-8:00pm in Sanctuary  MTN meeting in Shay's office 6:00pm	19 Project CommUnity 6:30pm-8:30pm in GH Al-Anon 6:00pm- 7:00pmGH Narcotics Anon. in vestry 7:30pm- 9:00pm	VNM Vestry 5:00pm  Quiet Social Time 5:00pm-7:00pm  Rev. Shay's office	Book Group meeting at 6:00pm at the home of Gary and Janet Wood  AA Vestry 6:00pm-7:00pm	22
23 RE classes 10:00am 11:00am worship service Story of Maine showing in Goodall Hall following worship service AA Vestry 5:00pm- 6:15pm	24	Music Lessons 3:00pm-8:00pm in Sanctuary	Al-Anon 6:00pm-7:00pmGH  Narcotics Anon. in vestry 7:30pm-9:00pm	27 Bereavement Support Group GH 5:00pm-6:30pm VNM Vestry 5:00pm Quiet Social Time 5:00pm-7:00pm Rev. Shay's office	28 AA Vestry 6:00pm-7:00pm	29



#### **HOME: THE STORY OF MAINE**

Twenty years ago, a collaboration between Maine PBS and the Maine State Museum produced a 5-part television series intended to preserve Maine's history in a comprehensive way for future generations. Each season consists of between 2 and 4 segments of 27 minutes each, which can be viewed in bite-size pieces or larger chunks. The more I watched the DVDs of this series, the more I wanted to share them with others who might be interested in their wealth of information, enjoyably presented. Therefore, we will have a 1-hour after-Church viewing for 6 weeks, on February 2, 9, 16 and 23 and March 1 and 8. We can brush up on our Maine history and broaden our knowledge, while enjoying each other's company. This will also honor our state's bicentennial, while keeping cabin fever at bay! See you in church! Helen Kane, Church Historian

# **A Volunteer Opportunity**

Every year, traditionally in the months of February and March, each Member and Friend is asked to pledge a monetary amount to our church's budget, if a pledge is comfortable. These pledges will be requested by the Budget Drive Committee, a temporary committee formed to write the Request Letter, inform the congregation of the Budget Drive, receive and turn over pledges to the Financial Secretary, and announce the final outcome of the Drive. The pledges are promises of monetary support to the church's Fiscal Year '20-'21 budget, which will be created by our Budget and Finance Committee members. A Chairperson for the Budget Drive Committee is needed!

IF YOU HAVE BEEN WANTING TO DO SOMETHING FOR THE GOOD OF THE SANFORD UU CHURCH, HERE IS A WONDERFUL OPPORTUNITY! It is a two-month commitment; you will have lots of help; you can let loose your inner creativity as you write the Request Letter and Updates in the monthly Newsletter and Orders of Service. And, not to be diminished, you will be filling a very important role in our church. Please let a Board member know if you would like to take up this responsibility. Thanks so much!

- from Diane for the Board of Management: Karen, Ginny, Janie, Marcel, Judi, and Natasha

# Ginny's Celebration of Life

Dr. Don Reusch let friends know how touched he was at the turnout for the memorial service for his wife Ginny. He also said he is up for visitors! We send him our love and best wishes!





#### **Choir Rehearsals and Performances**

Rehearse on February 2nd, rehearse March 29th, April 5th, and rehearse and sing April 12th. That gets us to Easter. Then, rehearse at SUUC April 19th, April 23rd in Kennebunk (optional joint rehearsal), rehearse and sing in Kennebunk April 26th (8:30 arrival), sing in Saco May 3rd (8:15 arrival) and Sanford (10:35 arrival) possibly followed by a potluck luncheon. We can talk about Memorial Day and Flower Communion as we get closer to the dates. Thank you for all of your

may my heart feel deep love. Rev. Charles Grindle

continued dedication to the music program. May my mind think kind thoughts, may my lips speak gentle truths,

#### FiAT News

MUUSAN put forth a petition to the Voting Delegates going to the 2020 Annual Meeting of the Northern New England District (NNED) to reserve \$10,000 annually for each of the NNED states, Maine, NH & VT to use to help fund their State Action/Advocacy Networks (SANs) going forward as our district is in the course of dissolution and disposition of its assets. I am proud to say we got the required number of signatures from members and it has been sent off to the organizer of the petition drive long before the deadline. The second step was to locate 2 members (and an alternate if you are interested) who will to go to the NNED Annual Meeting in Nashua, NH on April 24th & 25th as delegates. Roger & I have volunteered to be our delegates at this meeting but if you want we can have an alternate and everyone is always welcome at the meeting and you can register online.

This is a very important election year and the UUA has called us to ALL UU the VOTE - 2020! So what does that mean exactly??? It means that your Faith in Action Team (FiAT) needs your help! I will be available before and after church most Sundays going forward to help you look up who your State of Maine or New Hampshire Representative and Senator is and how to contact them directly. I will be watching the happenings in Augusta and will send out email notices of when to contact them about bills that have been endorsed by MUUSAN and/or MPA (Maine Peoples' Alliance). I have a connection with a member of the NHUUSAN so I will try to keep our NH resident members up to speed on NH but if one of you would like to help, please talk to me because I really could use some help.

Another thing we will be doing to help UU the Vote is working with other groups in our area to register new voters and to physically help them get to the polls on November 3rd. We will have written guidance from the UUA on exactly what we can and cannot do as a religious organization so please don't worry, just get involved in whatever way you can. We will be having a fun potluck lunch, information and training session after church on March 29th, Faith in Action Sunday, (please mark your calendars). I promise it won't be as dry and boring as the UUA launch (if you saw it online). Activism and Lobbying is fun and rewarding. Going to Rallies with like-minded people is Fun! Knowing you are not alone and there is something you can do is Amazing!

If you have any questions, want to get involved, please call me at 207-324-8995 and leave a message (I screen my calls) or text me at 207-608-7956 or email me at patty kidder@hotmail.com. Let's all help "Vote LOVE & UU the VOTE" this year and all years going forward. LOVE not fear, Practiced Here!

> Love & Light Always, Patty Kidder FiAT Leader

#### Board 2019-2020

Vice President: Karen Nelson - June 30, 2021 Clerk: Janie Waterhouse - June 30, 2020

Financial Secretary: Ginny Howe - June 30, 2020

Treasurer: Marcel Gagnon - June 30, 2021

**Liaisons**: Judi Reis - June 30, 2020, Natasha Nolan Parker - June 30, 2022, Diane Whiteside-Peck - June 30, 2021

DREs: Ryan and Mesha Quinn

#### Church Leadership 2019-2020

Building and Grounds: Marcel Gagnon

Capital Projects Building Committee: Howard Dupee, Bill

Ouellette

Choir: Charles Grindle Church Historian: Helen Kane

Corner Cupboard: Peg Sawyer, Judi Reis, Dee Ames,

Helen Kane

Covenant of Right Relations Team: Aileen Fortune, Melody

Wood, Lee Burnett, Karen Nelson, Rev. Shay FIAT (Faith in Action Team): Patty Kidder

Finance Committee: Peg Sawyer, Pat Herrick, Ginny Howe,

Deb Folsom

Fundraising Coordinator: Jan Sacco Homesteaders: Jan Sacco, Melody Wood

Investment Management Committee: Peg Sawyer, Art

Dumas, Howard Dupee

Members and Friends: Tonia Chase

Ministerial Relations Team: Tom Huber, Dee Ames, Bev

Brent

Music Committee Chair: Melody Wood

Nominating Committee: Deb Folsom, David Agan, Jan Sacco

Stewardship: Helen Kane

Women's Alliance: Nancy Farnham

Worship: Rev. Shay MacKay

Worship Associates: Rev. Shay MacKay, Patty Kidder, Mesha Quinn, Tom Huber, Beverly Brent, Judi Reis, Jan Sacco, Janie

Waterhouse and Georgia Renfroe.

**Minister** - Rev. Shay MacKay. In the event of a pastoral emergency or caring concern, please contact Rev. Shay at 207-518-8059 (text/call) or at revshaymackay@gmail.com Office hours are every Wednesday from 9:00am to 4:00pm.

**Administrative Office Hours** - Monday, Wednesday, Thursday, Friday - 7:00am to noon info@sanforduuchurch.org The office will be closed through February 14th.

**Co-Directors of Religious Education -** Mesha and Ryan Quinn - dre@sanforduuchurch.org

#### **UUCSB Leadership**

President: Allen Casad

Vice President: Ron Hiser
Treasurer: Wendy Coleman
At Large: Susan Young, Laurie Sivonen, Isa Ahmed
Please contact UUCSB at uuchurch@gwi.net for

contact information

#### **SUUC Church and Community Groups**

**AA Meetings:** AA meetings are held every Sunday from 5:00pm-6:15pm and Fridays 6:00pm-7:00pm in the Vestry

**Al-Anon Meetings:** Wednesdays in GH 6:00pm-7:00pm or in Rev. Shay's office on days other meetings are in GH

**Board Meeting**: February 10th from 6:30pm to

8:00pm in Goodall Hall

**Book Group**: Next meeting is Friday, February 28th at 6:00pm, at the home of Gary and Janet Wood

Choir: Rehearsal February 2nd

Corner Cupboard: CC is open on February 15th

from 10:00am to 1:30pm

Evening Bereavement Group: Meetings are on the 2nd and 4th Thursday of the month from 5:00pm-6:30pm in Goodall Hall

Maine Transgender Network (MTN): Meets on the first Tuesday of the month at 6:00pm in Shay's office and the third Tuesday of the month at 6:00pm in Rev. Shay's office

**Music Lessons**: Lessons are given on Tuesdays from 3:00pm-8:00pm in the Sanctuary with Jeff K.

**Narcotics Anonymous**: Meets every Wednesday in the Vestry from 7:00pm to 9:30pm

**Project CommUnity**: Meetings are held on the first and third Wednesday of each month in Goodall Hall from 6:30pm-8:30pm

Quiet Social Time: In Rev. Shay's office with Scott

Knight on Thursdays from 5:00pm-7:00pm

**Violence No More:** Every Thursday at 5:00pm in the Vestry

Women's Alliance: Meets the second Wednesday

of every month at noon **Worship Associates**: TBD