



Shay's Sharing...

There has been some confusion about where, when, and how I spend my time with you, so I would like to lay it out day by day in the hopes that it may help alleviate any concerns and answer any questions.

A year and a half into this ministry with you, I have learned some things about how the congregations work and what your expectations are; I have learned some things about how this shared collaborative ministry of two churches makes unique demands on my presence and time; and there are still many things for me to figure out.

The two Boards, my Ministerial Relations Team, and I have been in conversation since last Fall about where my time and energy can best be used to serve each congregation, and the partnership between the two. On any given day, Sanford's needs can be very different from Saco's needs – and those needs change constantly. I depend on your elected leaders to help me keep my attention on where the priorities are. We don't always get it right, but that won't stop us from trying.

Because of the uniqueness of this ministry, it has become obvious that I need to be a little more flexible and adaptable with my schedule than usual. If I plan to be in Saco on a Monday, but something critical comes up in Sanford that day, I have to be able to adjust.

And I understand that there is also a need for me to be stationary, to be where you know you can find me if you need me. So we're going to continue trying to get this to work for everyone and here's the new plan:

Mondays: Saco Office Hours 9:00 a.m. to 12:00 p.m.

Wednesdays: Sanford Office Hours 9:00 a.m. to 12:00 p.m.

At any other time on Monday, Tuesday, and Wednesday, I am available to you by appointment, whether it be in Sanford, in Saco, at your home, at a coffee shop, at a hospital, etc. Just call, text, or email me, to set up a time to meet – even if it's only a half hour in advance. If I can answer immediately, I will. If not, I'll get back to you as soon as I can.

It is important to remember that even though I am “in the office” on Monday and Wednesday mornings, things come up or people stop in, so I strongly encourage you to call, text, or email before you stop by the church just to make sure I am available to be with you. However, if you are going to be around for other reasons, please stop in to say hello – you will always be welcome!

So now the question is: what do I do with the rest of my time?

On Mondays, Tuesdays, and Wednesdays when I am not in the office, I am visiting congregants, reaching out to the larger community in different ways, developing relationships with local interfaith colleagues, preparing and facilitating Adult RE programs, participating in tasks and events for the larger UU world, and lots and lots of meetings.

Sundays are focused on worship with the two congregations.

Continued...

Shay's Sharing Continued...

Thursdays are set aside as my worship preparation days, including research, reading, and writing my sermons, as well as planning other aspects of each service. On these days, my availability is limited – I will be answering emails and phone calls when I can, but I try not to schedule appointments or meetings.

On Fridays, my Sabbath, I am available for emergencies only by phone or text. I will not be reading or answering emails, or scheduling any church activities.

On Saturdays, I'm available as needed for special congregational and community events, as well as weddings and memorials; I am also spending time finalizing things for worship the next morning.

And finally, where am I when I'm not with you?

My Letter of Agreement (the covenant which binds us and defines our relationship), which is a standard UUA document for ministers and churches, stipulates the conditions of my employment, including my time on the job and my time away. Here's how it works:

- I am committed to working a "standard" work week. Generally, I try to keep that to around 45 hours a week. Sometimes it's way more than that, and so I balance those extra-long weeks with some shorter ones when I need to.
- I am given the same holidays off as any other employee.
- I am given 10 sick days a year.
- All denominational activities are part of my job, so when I go to General Assembly or minister gatherings, I am working.
- I am responsible for all worship services, including rites of passage and special holidays, except for one Sunday each month, as well as the Sundays during my vacation and study leave. Generally, ministers plan about 20 hours of work for each worship service. This means I am constantly thinking about, researching, planning, or writing for a service. 20 hours a week is a lot of time, especially to fit in with all the other things I am responsible for, so I get one Sunday off a month to allow me to focus more time on things other than worship. This allows me to spread the 60+ hours a month that I *am* doing worship planning out over four weeks instead of three.
- I am given eight weeks of leave per year. Four of those weeks are vacation, and I am completely free of all church duties during that time. Four of those weeks are study leave, during which I am using my time in ways that increase my capacity as a minister and contribute to my ability to serve you, ie. retreats, conferences, classes, research/reading, etc. During study leave I am available to you on a limited basis, and will respond to communications when I am able.

It has become clear that I have been remiss in communicating with you about when I will be away, and I apologize for that. From this point forward, there will always be an announcement in the weekly email blast, the Sunday order of service, and the newsletters for when I know I will be gone.

I'm hoping this article has been helpful, and will clear up any lingering confusion about my time. If you still have any questions or would like to discuss any of this with me, please let me know. I'd be happy to talk with you.

It is an honor to be serving you and a blessing to have this opportunity to transform our lives together. And I have to believe in strong boundaries – moving back and forth between the two churches, moving back and forth between my home here and Diana's home in NH, aids in the possibility of fatigue. And what kind of a minister would I be if I preach about self-care and maintaining a balanced life from the pulpit while not following those suggestions myself? I want to be the best minister I can be for you, and that requires me to pay attention to my needs as well as yours, and I want to be here with you for a long time, so we'll just keep working on figuring out what works best for all of us.



Special Bouquet

This is a photo of the bouquet Shay made of the lotus flowers created by all who attended the February 16th service on Buddhism.

Our Sister Church

Visit our sister church's website at <http://www.uuchurchsacobiddeford.com/>

SUUC Book Group

The Book Group will meet on Friday, March 20th from 6:00 p.m. -7:30 p.m. (location TBA) to discuss *The Liars' Club: A Memoir* by Mary Karr (2015, originally 1995). It won the PEN/Martha Albrand Award for nonfiction and was a *New York Times* bestseller. The subject of the memoir is Karr's turbulent childhood. Karr and her older sister Lecia grew up in Leechfield, Texas and lived briefly in Colorado. Their father was a World War II veteran who worked at an oil refinery and came from a modest Texan background. Their mother also came from a modest Texan background, but later inherited a significant amount of money when oil was found on her mother's land after her death. Karr's parents had a volatile marriage, to the point of divorcing and then remarrying. Karr remembers her father as a taciturn but loving man, who was most expressive when telling stories during his regular "Liars' Club" meetings with his drinking friends. While these meetings give the book its title, it is Karr's mother who is the central subject of this book. She is portrayed as an impulsive, restless, charismatic woman who was subject, throughout Karr's childhood, to frightening rages and compulsions. Her behavior is seen to have its roots in her own difficult childhood, a mystery which Karr gradually uncovers over the course of the memoir.



AED Reminder

Our new defibrillator is located in a cabinet, along with the needed supplies, on the wall in-between Goodall Hall and the parlor. It is mounted on the left hand side of the door leading out to the ramp. The cabinet is not locked, it is easy to access the AED in the event of an emergency. **Certified in CPR:** Mesha Quinn, Ryan Quinn, Eric Ames, Tonia Chase, Laurie Ford, Diane Whiteside-Peck.

HOME: The Story of Maine - Two Showings Left

I hope you've been enjoying the DVDs of our Maine history. We have only two showings left in Goodall Hall following worship service... March 1st and 8th. Thank you to all who have participated in this event!



*Made
with
Love*



Silent Auction

March 22nd - April 5th

Homemade food, crafts, services, talents, a custom trip for fellow parishioners or any similar auction donation that comes from your heart/hands/head is welcome!

Please use the auction sheets provided on the table in the parlor to offer your donation and place it in the box provided in the parlor or email Jan Sacco at jrsacco@metrocast.net

Love

All auction donations are due by Sunday, March 15th. The auction will begin on Sunday, March 22nd and end on Sunday, April 5th. Let's work together to make this a success and help move us closer to our year-end goal!



Daylight saving time 2020 will begin at 2:00 a.m. on Sunday, March 8th. Don't forget to spring forward!

March 2020 FiAT News!

This is a very important election year and the UUA has called us to ALL UU the VOTE - 2020! So what does that mean exactly??? It means that all of us who are Maine residents, need to check for accuracy and update if necessary our voter registration cards and then go to the polls and vote on Super Tuesday, March 3rd. We need to help our friends, family members and neighbors get to the polls and we all need to attend our local town or city caucuses. The Republican caucuses are going to be held across the state on Saturday, March 7th and the Democrats will be caucusing on Sunday, March 8th. **It is very important that we all vote on March 3rd and attend your municipal caucus.** The snow dates for the caucuses are the following weekend.

Other ways you can UU the Vote is to join other like minded local groups doing social justice work in Augusta. The one I joined in 2012 is the Maine Peoples' Alliance (MPA). The MPA York County Community Area group meets monthly at the Saco Train Station conference room and our next area meeting is on March 4th from 6:00 to 7:30pm. Anyone wanting a ride, I will be leaving my home in Springvale at 5:00pm to attend the meeting.

MUUSAN is meeting on Saturday, March 14th, from 9:30am to 12:30pm at the Community UU Church of Augusta. It is always a very informative and inspiring meeting. Please join us if any of our focus groups sound interesting to you, Health Care for All, Climate Justice, Democracy in Action, and Immigrant, Indigenous and Racial Justice. Come help put our Faith into Action. If anyone wants to carpool, I leave Springvale at 7:45am.

MPA is hosting a Women in the Workplace public event and lobby day of action in Augusta on Tuesday, March 17th. We will be supporting LD433, Maine's Equal Rights Amendment (yes, Maine's own ERA!) and other legislation to support working women in Maine. Please join MPA members from all over the state for a fun packed day at the State House.

We will be having a fun potluck lunch, information and training session after church on Faith in Action Sunday, March 29th, please mark your calendars. We will learn about writing effective Letters to the Editor and how and where to submit them. We will practice having 1 on 1 conversations about the importance of voting on November 3rd. Activism and Lobbying is fun and rewarding. Going to Rallies with like-minded people is Energizing! Knowing you are not alone and there is something you can do is Amazing!

If you have any questions, want to get involved, please call me at 207-324-8995 and leave a message (I screen my calls) or text me at 207-608-7956 or email me at patty_kidder@hotmail.com. Let's all help "Vote LOVE & UU the VOTE" this year and all years going forward. LOVE not fear, Practiced Here!

Love & Light, Patty Kidder



March 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 11:00am worship service First day of Stewardship Story of Maine showing in Goodall Hall following worship service AA Vestry 5:00pm-6:15pm</p>	<p>2 Newsletter Day</p>	<p>3 Music Lessons 3:00pm-8:00pm in Sanctuary MTN meeting in Shay's office 6:00pm</p>	<p>4 Project CommUnity 6:30pm-8:30pm in GH Al-Anon 6:00pm-7:00pmGH Narcotics Anon. in vestry 7:30pm-9:00pm</p>	<p>5 VNM Vestry 5:00pm Quiet Social Time 5:00pm-7:00pm Rev. Shay's office</p>	<p>6 AA Vestry 6:00pm-7:00pm</p>	<p>7</p>
<p>8 RE classes 10:00am 11:00am worship Daylight saving begins Story of Maine showing in Goodall Hall following worship service AA Vestry 5:00pm-6:15pm</p>	<p>9 Board Meeting 6:30pm-8:00pm</p>	<p>10 Music Lessons 3:00pm-8:00pm in Sanctuary</p>	<p>11 Women's Alliance meeting at noon Al-Anon 6:00pm-7:00pmGH Narcotics Anon. in vestry 7:30pm-9:00pm</p>	<p>12 Bereavement Support Group GH 5:00pm-6:30pm VNM Vestry 5:00pm Quiet Social Time 5:00pm-7:00pm Rev. Shay's office</p>	<p>13 AA Vestry 6:00pm-7:00pm</p>	<p>14</p>
<p>15 11:00am worship service Deadline to turn in donations for Made with Love Silent Auction AA Vestry 5:00pm-6:15pm</p>	<p>16 Vespers with Rev. Shay at UUCSB 7:00pm</p>	<p>17 Music Lessons 3:00pm-8:00pm in Sanctuary MTN meeting in Shay's office 6:00pm</p>	<p>18 Project CommUnity 6:30pm-8:30pm in GH Al-Anon 6:00pm-7:00pmGH Narcotics Anon. in vestry 7:30pm-9:00pm</p>	<p>19 VNM Vestry 5:00pm Quiet Social Time 5:00pm-7:00pm Rev. Shay's office</p>	<p>20 CC sets up SUUC Book Group 6:00pm-7:30pm Location TBD AA Vestry 6:00pm-7:00pm</p>	<p>21 CC is open 10:00am-1:30pm RE meets at the church 10:00am-noon</p>
<p>22 RE classes 10:00am 11:00am worship service Made with Love Silent Auction AA Vestry 5:00pm-6:15pm</p>	<p>23</p>	<p>24 Music Lessons 3:00pm-8:00pm in Sanctuary</p>	<p>25 Al-Anon 6:00pm-7:00pmGH Narcotics Anon. in vestry 7:30pm-9:00pm</p>	<p>26 Bereavement Support Group GH 5:00pm-6:30pm VNM Vestry 5:00pm Quiet Social Time 5:00pm-7:00pm Rev. Shay's office</p>	<p>27 AA Vestry 6:00pm-7:00pm</p>	<p>28</p>
<p>29 Choir rehearsal 11:00am worship Made with Love Silent Auction FiAT potluck lunch AA Vestry 5:00pm-6:15pm</p>	<p>30</p>	<p>31 Music Lessons 3:00pm-8:00pm in Sanctuary</p>				

Rev. Emily Burr
552 Shaker Rod., Canterbury, NH 03224

revemilyburr@gmail.com
(cell) 603 899-7570

September 21, 2019

Dear Sunday Speaker Scheduler,

The Downing Trust of the Concord, NH Unitarian Universalist Church has often awarded a grant for a Minister-at-large for New Hampshire. This year I have been awarded this Downing grant again. I have committed to leading services at 20 congregations this church year or coming summer. This means I am available to come and lead a service at your church without an honorarium from you, if we can schedule a mutually agreeable time.

Many of you may know me, since I have been part of the NH UU community for more than 30 years (yikes!) as a congregant, lay leader, ministerial student, parish minister and now a community minister. The focus of my community ministry is social justice, especially action and participation at the local level. My service will center on how our UU values call us to act.

I know I am getting a late start and that most churches have scheduled speakers through December, so I expect to be scheduled with your congregation after the new year. However, if you still have Sundays this fall, I have a few open Sundays before January. I will be following up this email with a phone call in the next week or so. At some churches I have talked to the minister at other churches I have talked to the Chair of the Worship Committee to schedule a good Sunday for me to come. If this has reached the person scheduling speakers and you have a date in mind or would like to begin the conversation before I get a chance to call your church, please contact me by phone: (603) 899-7570 or reply by email: revemilyburr@gmail.com.

I look forward to talking with you and filling your pulpit one Sunday soon.

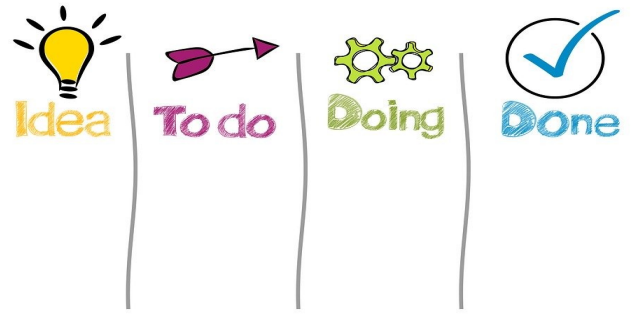
Sincerely,

Emily

Rev. Emily Burr, Community Minister
Starr King Unitarian Universalist Fellowship

*We are fortunate to have guest minister, Rev. Emily Burr, preach
at our church on Sunday, April 5th . We extend a very warm
welcome to Rev. Burr!*

Notes From the Board of Management



The Board met on February 10th, our first meeting of 2020. We cancelled the January meeting because of bad weather but covered church business through emails.

The Board would like to assist anyone who wants to attend General Assembly this year. It is in Providence, Rhode Island, June 24th -28th. This may be the closest to Maine it will ever be so if you're interested, see Shay ASAP! You do not have to commit to the entire four days. It would be neat to have lots of people from our 2 churches at GA.

Diane Whiteside-Peck is working with a Safety Committee to address safety and accessibility issues.

A committee from the Board is organizing and conducting the Stewardship Campaign this year which begins March 1st. Our theme is "Marching into the Future Inspired by Marchers of the Past". You'll be hearing lots more throughout March (pun intended).

Our Annual Meeting is set for June 14th. This year we'll vote to fill 2 vacancies on the Board and 1 on the Nominating Committee. The Board needs a clerk and a liaison. If you are interested in helping our church by taking on any of these jobs, please talk to a member of the Nominating Committee: David Agan, Deb Folsom or Jan Sacco.

We will also be voting on changes to our By-Laws to reflect our current governance model. There will be more information in next month's Board update. Thank you, Janie Waterhouse.



February Corner Cupboard - Thanks to the CC Team

Wow, wasn't it cold on Saturday, February 15th. Still, a full cadre of stalwart Corner Cupboard volunteers came in to SUUC's Goodall Hall from multiple towns and states. They distributed household and personal care essentials to people who needed them. Members of ninety-three households were served. Six were new clients. Much thanks to the Corner Cupboard Team for their dedication and quality work. Next Corner Cupboard coming up on March 21st.

Board 2019-2020

Vice President: Karen Nelson - June 30, 2021
Clerk: Janie Waterhouse - June 30, 2020
Financial Secretary: Ginny Howe - June 30, 2020
Treasurer: Marcel Gagnon - June 30, 2021
Liaisons: Judi Reis - June 30, 2020, Natasha Nolan Parker - June 30, 2022, Diane Whiteside-Peck - June 30, 2021
DREs: Ryan and Mesha Quinn

Church Leadership 2019-2020

Building and Grounds: Marcel Gagnon
Capital Projects Building Committee: Howard Dupee, Bill Ouellette
Choir: Charles Grindle
Church Historian: Helen Kane
Corner Cupboard: Peg Sawyer, Judi Reis, Dee Ames, Helen Kane
Covenant of Right Relations Team: Aileen Fortune, Melody Wood, Lee Burnett, Karen Nelson, Rev. Shay
FIAT (Faith in Action Team): Patty Kidder
Finance Committee: Peg Sawyer, Pat Herrick, Ginny Howe, Deb Folsom
Fundraising Coordinator: Jan Sacco
Homesteaders: Jan Sacco, Melody Wood
Investment Management Committee: Peg Sawyer, Art Dumas, Howard Dupee
Members and Friends: Tonia Chase
Ministerial Relations Team: Tom Huber, Dee Ames, Bev Brent
Music Committee Chair: Melody Wood
Nominating Committee: Deb Folsom, David Agan, Jan Sacco
Stewardship: Helen Kane
Women's Alliance: Nancy Farnham
Worship: Rev. Shay MacKay
Worship Associates: Rev. Shay MacKay, Patty Kidder, Mesha Quinn, Tom Huber, Beverly Brent, Judi Reis, Jan Sacco, Janie Waterhouse and Georgia Renfroe.

Minister - Rev. Shay MacKay. In the event of a pastoral emergency or caring concern, please contact Rev. Shay at 207-518-8059 (text/call) or at revshaymackay@gmail.com
Office hours are every Wednesday from 9:00am to 12:00 noon.

Administrative Office Hours - Monday, Wednesday, Thursday, Friday - 7:00am to noon info@sanforduuchurch.org

Co-Directors of Religious Education - Mesha and Ryan Quinn - dre@sanforduuchurch.org

UUCSB Leadership

President: Allen Casad
Vice President: Ron Hiser **Secretary:** Pat Snyder
Treasurer: Wendy Coleman **Collector:** Betsy Pace
At Large: Susan Young, Laurie Sivonen, Isa Ahmed
Mogens Ravn Please contact UUCSB at
uuchurch@gwi.net for contact information

SUUC Church and Community Groups

AA Meetings: AA meetings are held every Sunday from 5:00pm-6:15pm and Fridays 6:00pm-7:00pm in the Vestry

Al-Anon Meetings: Wednesdays in GH 6:00pm-7:00pm or in Rev. Shay's office on days other meetings are in GH

Board Meeting: March 9th from 6:30pm to 8:00pm in Goodall Hall

Book Group: Next meeting is Friday, March 20th at 6:00pm, location to be announced

Choir: Rehearsal Sunday, March 29th

Corner Cupboard: CC is open on March 21st from 10:00am to 1:30pm

Evening Bereavement Group: Meetings are on the 2nd and 4th Thursday of the month from 5:00pm-6:30pm in Goodall Hall

Maine Transgender Network (MTN): Meets on the first Tuesday of the month at 6:00pm in Shay's office and the third Tuesday of the month at 6:00pm in Rev. Shay's office

Music Lessons: Lessons are given on Tuesdays from 3:00pm-8:00pm in the Sanctuary with Jeff K.

Narcotics Anonymous: Meets every Wednesday in the Vestry from 7:00pm to 9:30pm

Project CommUnity: Meetings are held on the first and third Wednesday of each month in Goodall Hall from 6:30pm-8:30pm

Quiet Social Time: In Rev. Shay's office with Scott Knight on Thursdays from 5:00pm-7:00pm

Violence No More: Every Thursday at 5:00pm in the Vestry

Women's Alliance: Meets the second Wednesday of every month at noon

Worship Associates: TBD