



Sanford Unitarian Universalist Church  
UU NOTES Volume XLIV  
March 2021, Issue 9

Sanford UU Church  
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facebook.com/  
Website: [sanfordunitarianuniversalist](http://sanfordunitarianuniversalistchurch/)  
church/  
Minister: Rev. Shay MacKay  
Religious Education Directors:  
Mesha and Ryan Quinn  
Pianist: Ruth Leipold  
Church Administrator: Mona Ouellette  
Newsletter Editor: Mona Ouellette  
Church Historian: Helen Kane  
Maintenance/Sexton: Bill Ouellette

### UUA PRINCIPLES

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- \* The inherent worth and dignity of every person.
- \* Justice equity, and compassion in human relations.
- \* Acceptance of one another and encouragement to spiritual growth in our congregations.
- \* A free and responsible search for truth and meaning.
- \* The right of conscience and the use of democratic process within our congregations and in society at large.
- \* The goal of world community with peace, liberty and justice for all.
- \* Respect for the interdependent web of all existence of which we are a part.

(Adopted by the 1984 and 1985 General Assemblies)



### Services Continue to be Celebrated Online via Zoom at 10:00 a.m.

<https://us02web.zoom.us/j/2399631729> Meeting ID: 239 963 1729 Call In: (646) 876-9923

#### **March 7<sup>th</sup>** – *Loved Into Being: A Stewardship Worship Service offered by the UUA*

Faith in Unitarian Universalism isn't just an intellectual exercise: it's "heart" work. This full-length worship experience features a sermon by UUA President Rev. Susan Frederick-Gray, as well as vibrant music, storytelling, and other worship elements that will help us to grow in spirit, in courage, and in generosity. Join us for this Stewardship Adventure.

#### **March 14<sup>th</sup>** – *What is Lent?* with Rev. Shay

#### **March 21<sup>st</sup>** – *Spring Equinox: An All Ages Service* with Rev. Shay

#### **March 28<sup>th</sup>** – *Palm Sunday: Reflections on Sacrifice* with Rev. Shay



## ***Rev. Shay's Sharing...***

### **March Theme ~ Sacrifice**

The important thing is to be able at any moment to sacrifice what you are for what you can become. ~ from *Charles Dubois, Spiritual Divorce* by Debbie Ford

It's that time of year again, when you are asked to dig deep and renew your pledge of financial support to the work of the church. As we reach the one year mark of on-line worship services (our first Zoom Sunday was March 22<sup>nd</sup>, 2020), we have learned much about how to be a community during difficult and strange times – most especially, how to continue to support one another as our needs and available resources constantly change.

We have learned, for sure, how to make sacrifices.

Sacrifice: the act of giving up something that you want to keep especially in order to get something else or to help someone, often as an act of faith.

It can seem hard to continue being generous with our money and ourselves when outcomes are so uncertain. We have no idea what will be in our individual and communal lives. There is no guarantee that things will ever go back to “normal”, and so it may seem prudent to hang on to whatever resources we still have, just in case.

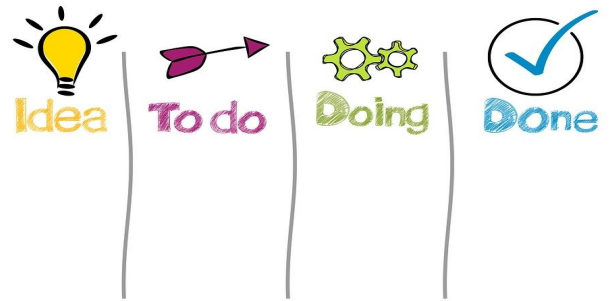
But the thing is, even though it may feel like it sometimes, life hasn't stopped; the world has not stopped turning and there are still people in great need. Our faith is calling us, more than ever, to *act* on our principles and convictions; to find new ways on being in the world that support justice work and liberation for all.

And, just as importantly, we continue to need each other and this community to keep us strong and grounded.

So this month, as we talk about money, and what it means to give up things we would really rather hang on to, let us keep open minds and generous hearts, trusting that what we do for one, we do for all.

## Update From Your Board of Management

The February board meeting began with a meditation practice for grounding, led by Diane. After centering and lighting the chalice we reviewed the budget for both the year that has passed and the one that lies ahead. It seems we are well on track! Fundraising efforts (masks and concert) have been successful over the last few months. The big fundraiser that is on the horizon will be the push for the furnace fund! In the meantime, we are beginning the pledge drive, generously led by Helen Kane. Thank you, Helen!



The board and building managers are still strategizing the best way to hang our banner! We would love to get those messages out to the community but are also contending with weather and logistical concerns. It's important to hang such a large banner in a way that is both visible and secure!

We continue to brainstorm about the best ways to reinvigorate the caring circle. It can feel hard in a pandemic to know the best ways to reach congregants and friends that need support and community, but it is vital, now more than ever! Putting time and intention into that effort may also help to make new folks who have been coming to Zoom worship feel more welcomed and consider a path to membership.

As ever, your SUUC board is working hard to keep things flowing and fruitful as we all wait out this long dark winter. Wishing peace and health to all, Natasha

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## CLYNK

On February 4th we received \$88.79 from returned bottles and cans via Hannaford. So far this fiscal year we have earned \$223.31. Money received through this endeavor is entered as fundraising money. We thank everyone who participates in this program!

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## Music Notes from Choir Director, Ellie R.

The 'Bi-Choir' continues our 'winter season'. Do you love to sing? All are welcome who love to sing or who want to be involved with our Music Ministry.

We rehearse on Sunday mornings at 11:30. Upcoming rehearsals are: March 7, 14 and 21. We are preparing music for March and April.



For more information, please contact me via my email in the church directory or send an email to the church ([uuchurch@gwi.net](mailto:uuchurch@gwi.net)) and Brian will forward it to me.

## Masks Still Available!

Many thanks to all who have purchased Natasha's colorful double-layered masks. Plenty of masks are still available. Please consider buying one or several. These masks will comfortably and effectively protect you and others from the viral visitor which has definitely overstayed its welcome. Write either UUCSB or SUUC on the Pay To line of your check, and "mask fundraiser" on the Memo line. Address your envelope to Sanford UU Church, 5 Lebanon Street, Sanford, 04073, and include a short note with your name, telephone number, and the number of masks you want. THANK YOU!



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## Sanford UU Church Book Group

The SUUC book group will meet on Friday, March 12th at 4:30 p.m. by Zoom. We will discuss *After the Pandemic: Visions of Life after COVID-19* (2020), an edited volume by Knorr, et al.

The twenty-five chapters of *After the Pandemic: Visions of Life Post Covid* are linked by a spectrum of several writers who present different perspectives amid our interrupted lives. Each one uses their competence, from medicine to economics, sports, philosophy, and many other compelling issues. These include essays on change and embracing it, the role of plagues in human enlightenment, the 1918 pandemic, how will future pandemics be different, a grandmother perspective, deferred dreams, the great equalizer, fighting solo as a single parent, left behind, public health care, medicine in the post era of the pandemic, looming health insurance problem, effects on education, homeschooling, cultural institutions, and how will it affect our youth.

One reviewer says: "There is much to learn from these enlightened and entertaining works. Crisis moments present an opportunity to transform our attitudes. We now have an exceptional opportunity to take our time to recognize and explore the long-term ramifications affecting our lives. As the days pass into weeks and months, many of us will acknowledge that reorienting our relationship to our world, and each other is hardly such an awful thing." Let Karen know ([karenhnelson77@gmail.com](mailto:karenhnelson77@gmail.com)) if you would like to receive the Zoom invitation.

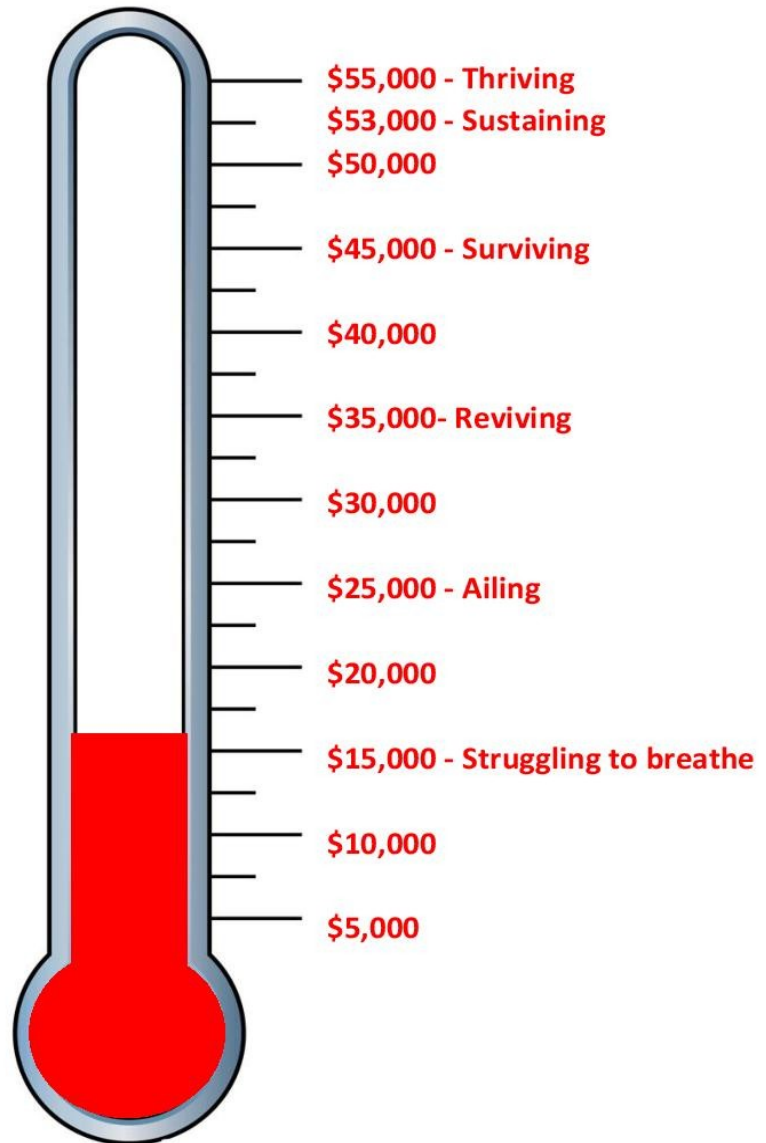


Daylight Saving begins at 2:00 a.m.  
on Sunday, March 14th!

# Your Weekly Pledge Oximeter Reading

Open for Business!

**\$55,000.00 - WEEK 2  
GOAL!**



## Relief Committee Update for



The COVID Relief Fund Team has continued to collaborate through weekly emails and Zoom meetings. In the past month, the team has been able to support several area residents to catch up on rent and lot rent payments. The team also helped a resident with car repairs and another to acquire food. The team continues to provide community outreach about how the church and COVID Relief Fund can support local family-owned and small businesses, and residents. We welcome more requests and recommendations for outreach from the community. Additionally, we are accepting donations to the fund so we can continue to support the community through these times of need. Please reach out to Diane, Lee, Pat or Lindsay as needed. Thank you for your continued support.”  
Sincerely, Lindsay Bellissimo



Who remembers our crocus peace symbol located on the lawn to the right of the church steps? This beautiful peace symbol appeared mysteriously one spring quite a few years ago!





## **OPPORTUNITIES FOR CONNECTION**

**Virtual Brown Bag Suppers with Rev. Shay – Every Wednesday from 5:00 pm to 6:00 pm on Zoom.**

<https://us02web.zoom.us/j/81893512813> (New Zoom link)

Meeting ID: 818 9351 2813

**Weekly Vespers Services – Every Thursday from 7:00 pm to 7:30pm on Zoom.**

<https://us02web.zoom.us/j/83734173380>

Meeting ID: 837 3417 3380

Call In: (646) 876-9923

**Coffee Hour with your Board Members and Rev. Shay – Every Sunday after our worship service, join**

Rev. Shay and members of your Board of Trustees on Zoom for small group discussions based around the monthly theme, that day's sermon, and other relevant topics from your lives. Here is the zoom link for our Sunday services and Coffee Hour:

<https://us02web.zoom.us/j/2399631729>

Meeting ID: 239 963 1729

Call In: (646) 876-9923

**The Soul of Aging with Rev. Shay – Every Tuesday from 10:00 am to 12:00 pm on Zoom**

<https://us02web.zoom.us/j/84624720782>

Meeting ID: 846 2472 0782

Call In: (646) 876-9923

## Board 2020-2021

**Vice President:** Karen Nelson - June 30, 2021

**Clerk:** Judi Reis - June 30, 2022

**Financial Secretary:** Ginny Howe - June 30, 2022

**Treasurer:** Marcel Gagnon - June 30, 2021

**Liaisons:** Janie Waterhouse - June 30, 2023, Natasha Nolan Parker - June 30, 2022, Diane Whiteside-Peck - June 30, 2021

**DREs:** Ryan and Mesha Quinn

## Church Leadership 2020-2021

Building and Grounds: Marcel Gagnon

Capital Projects Building Committee: Howard Dupee, Bill Ouellette

Choir:

Church Historian: Helen Kane

Corner Cupboard: Peg Sawyer, Judi Reis, Dee Ames, Helen Kane, Marcel Gagnon

Covenant of Right Relations Team: Aileen Fortune, Melody Wood, Lee Burnett, Karen Nelson, Rev. Shay

FiAT (Faith in Action Team): Patty Kidder

Finance Committee: Peg Sawyer, Pat Herrick, Ginny Howe, Deb Folsom

Fundraising Coordinator: Jan Sacco

Homesteaders: Jan Sacco, Melody Wood

Investment Management Committee: Peg Sawyer, Art Dumas, Howard Dupee

Members and Friends: Tonia Chase

Ministerial Relations Team: Tom Huber, Dee Ames

Music Committee Chair: Melody Wood

Nominating Committee: David Agan, Jan Sacco, Deb Folsom

Stewardship: Helen Kane

Women's Alliance: Nancy Farnham

Worship: Rev. Shay MacKay

Worship Associates: Rev. Shay MacKay, Patty Kidder, Mesha Quinn, Tom Huber, Beverly Brent, Jan Sacco, Georgia Renfro

**Rev. Shay's Schedule** - Monday is Writing Day, with limited availability. Tuesday, Wednesday and Thursday completely available to you, please email, text or call to set up an appointment time! Friday is day off, emergency availability only. Saturday on call for pre-scheduled meetings and events; available for emergencies. Sunday is Worship and Coffee Hour. Email [revshaymackay@gmail.com](mailto:revshaymackay@gmail.com) Phone/text 207-518-8059

**Administrative Office Hours** - Church office is closed due to pandemic, working from home - [info@sanforduuchurch.org](mailto:info@sanforduuchurch.org) Email anytime, always available, any time, any day

**Co-Directors of Religious Education** - Mesha and Ryan Quinn - [dre@sanforduuchurch.org](mailto:dre@sanforduuchurch.org)

## Our Sister Church

Visit our sister church's website at  
<http://www.uuchurchsacobiddeford.com/>

## Newsletter Deadlines for 2021

### Our FY ends June 30, 2021

March 22nd for April newsletter

April 26th for May newsletter

May 24th for June newsletter

June 21st for July newsletter

